Dafne-AnemosSoft

easy, practical, useful, free, fast and appealing!

Albania  France  Lithuania (NEW)
Austria  Germany  Luxemburg
Belgium  Greece  Malta
Croatia  Hungary  Montenegro
Cyprus  Ireland  Norway
Estonia (NEW)  Italy  Poland
Finland  Latvia  Portugal (NEW)

PHEA
PUBLIC HEALTH EXECUTIVE AGENCY

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The ANEMOS project was supported by the European Community - Public Health Executive Agency Project No. 2007334.
A free online tool to help you access the daily per person availability of food and beverages in European households.

A freely web-based application tool where nationally representative data on food and beverage household mean availability (g·ml/person/day) from various European countries have been made available.

The data were collected through nationally representative Household Budget Surveys and were harmonized according to the standard DAFNE procedures.

The information on mean availability refers to representative samples of the overall population as well as population subgroups – defined by household composition, locality as well as education and occupation of the head of the household.

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DIETARY DATA - 15 MAIN FOOD GROUPS

- Cereals and cereal products
- Potatoes and other starchy roots
- Pulses
- Vegetables
- Fruits
- Nuts
- Fish, seafood and dishes
- Meat and meat products
- Eggs
- Added lipids
- Milk and milk products
- Sugar and sugar products
- Alcoholic beverages
- Non-alcoholic beverages
- Fruit and vegetable juices

YOU CAN ALSO SELECT SUBGROUPS ...

... or even MORE DETAILED INFORMATION

YOU CAN GET
- TABLES
- BAR/PIE CHARTS
- MAPS

The data can be printed or exported for further use!

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EXAMPLES

- **Comparison within a country**
- **Comparison between countries**
- **Trends within a country**
- **Sample information**

Mean availability of fresh fruit in Estonia by OCCUPATION of the household head (2007)

Mean availability of potatoes and vegetables in Lithuania by EDUCATIONAL LEVEL of the household head (2007)
**EXAMPLES**

- Comparison within a country
- Trends within a country
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Mean daily per person availability of vegetables in EUROPE

Mean daily per person availability of selected fruits in Estonia, Lithuania and Portugal (2005)

Estonia - 2005

Lithuania - 2005

Portugal - 2005

**Mean Values**

- 100,00 - 174,00 (14)
- 175,00 - 249,00 (9)
- 250,00 - 325,00 (4)

**Citrus fruits (g)**

**Apples (g)**

**Grapes (g)**

**Bananas (g)**
EXAMPLES

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LIMITATIONS

Household Budget Surveys are not specially designed for collecting nutritional information.

When estimating per person food availability, their most relevant limitations are:

- the lack of information on eating-out and;
- the need to apply complex statistical modelling to consider age and gender differences in food consumption.
Potentials & Uses

POTENTIALS

Studies have shown that:

- there is value in the nutritional information collected from the household budget surveys
- data are sufficiently reliable to reveal correlations with mortality and morbidity rates from chronic diseases with fairly strong nutritional roots

The examples presented illustrate the potential of the Dafne-AnemosSoft program, as it:

- easily accesses the DAFNE-ANEMOS databank
- identifies and depicts trends in mean food availability in different European countries

USES

- Scientific research
- Training of health professionals
- Health and nutrition education for consumers
- Future projections on food choices at household level
- Agriculture and industry planning
- Development of food-based guidelines adjusted to particular population subgroups
- Providing data to support the formulation of evidence-based food and nutrition policies aiming at promoting public health

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Where has Dafne-AnemosSoft already been used?

- During the last two years, more than 2,500 users have accessed Dafne-AnemosSoft, including students, researchers, consumers, marketing consultants as well as health and food professionals in the private or public sector.
- ECHI (European Community Health Indicators) tool (http://rivm.openrepository.com/rivm/bitstream/10029/7294/1/271558006.pdf).

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