in the lumbar enlargement of the spinal cord and in the axon terminals of musculus interosseus samples. Number of motor neurons in the spinal cord was measured with the disector method.

**Results:** Acute passive transfer with blood serum of ALS patients induced elevation of intracellular calcium level and increase of lipofuscin vesicle volume. Significant decrease could be documented in the number of motor neurons in the spinal cord. Changes in calcium homeostasis and motor neuronal loss were most prominent in C9ORF72 mutation. Furthermore, partial mitochondrial volume decreased in SOD1 point mutations.

**Conclusion:** Our previous experiments demonstrated the central role of intracellular calcium level elevation in ALS. Our current findings proved that different mutations induced similar morphological alterations, but to different extent. The extensive loss of motoneurons and changes in intracellular calcium level suggest that C9ORF72 mutation might present a more progressive phenotype.

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# HEART RATE VARIABILITY CORRELATES OF EXPRESSIVE WRITING

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**Introduction:** Numerous studies have used the expressive writing task (writing about a personally upsetting experience) and have shown benefits on physical and mental health in various pathologies. These pathologies include eating disorders, depression, anxiety, and cancer.

**Aim:** Despite the awareness of these positive health outcomes, the underlying relationship between expressive writing and health is yet to be understood. By understanding this

relationship, we can develop expressive writing as a complementary treatment method in disease.

**Methods:** Participants were first-year university students at the University of Porto (n = 57). Each participant was randomly assigned to one of two groups. They either described their daily routine (control group) or a traumatic experience (expressive writing group) for 15 minutes. During the writing task electrocardiogram (ECG) data was recorded. The recorded ECG was divided into five, 5-minute parts (1' baseline; 3' writing; 1' post-writing). Data analysis was conducted by calculating three heart rate variability measures (HRV): SDNN, RMSSD, and LF/HF ratio, representing respectively, overall HRV, parasympathetically mediated HRV and sympathovagal balance. Writing measures were calculated using HandSpy 2.3, to assess for writing processes correlates of expressive writing.

**Results:** Results showed that HRV seems to increase from the beginning to the end of the task, regardless of the assigned group, with the expressive group showing significantly higher sympathetically mediated HRV.

**Conclusion:** These findings suggest that expressive writing has a physical effect on the body through cardiovascular changes, with HRV patterns differing significantly between groups. This could indicate that emotional regulation and coping mechanisms are active while writing about a personally upsetting experience, but not during a neutral writing task.

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## **Oncology & Molecular Biology**

## DETERMINATION OF ANDROGEN RECEPTOR METHYLATION PATTERN IN THREE PROSTATE CANCER CELL LINES THROUGH BISULFITE SEQUENCING

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**Introduction:** When diagnosed, most of prostate cancer (PCa) patients display androgen-dependent tumors, but an important proportion of those tumors progress to a castration-resistant state after androgen-deprivation therapy (ADT). This progression is due to androgen receptor (AR) signaling pathway deregulation by several genetic mechanisms, regardless of androgen circulating levels. From these, 20–30% of androgen-independent cancers that display AR loss of expression do not harbor AR genetic alterations. DNA promoter methylation