

speed and fluency, difficulties in reading comprehension, as well as severe difficulties in structuring text and in orthography. Due to his difficulties and the high levels of anxiety they generated, Pedro tended to persistently avoid reading and writing exercises. Weekly individual sessions were conducted to promote reading and writing processes. An increase in child's reading fluency was observed, as well as in reading comprehension. Additionally, he developed strategies to better structure and link ideas in his texts and to monitor orthography, leading to a significant decrease in orthographic mistakes. Pedro also appeared to be more confident when dealing with reading and writing exercises. The intervention proved to be effective in promoting reading and writing processes, as well as decreasing anxiety levels generated by learning disabilities.

C098. CHALLENGING THE GAP BETWEEN ASPIRATIONS AND REALITY: AN ADOLESCENT DEFINING VOCATIONAL CHOICES, WHILE STRUGGLING WITH COGNITIVE DIFFICULTIES

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An intellectual development disorder may significantly hinder the individual's functioning and autonomy. The damaging effects of cognitive difficulties on children and adolescents' academic and social adjustment often lead to social exclusion. Therefore, it is important to design interventions to help adolescents dealing with these difficulties to define academic and professional choices that promote their autonomy and inclusion. An intervention aiming to help Catarina, a 16-year-old girl, attending the 10th grade, with an intellectual disability, to define a vocational pathway appropriate to her cognitive profile was developed. A cognitive assessment with Wechsler Intelligence Scale, 3rd edition (WISC-III) was conducted. Additionally, reading and writing processes were assessed as structural dimensions of learning. A mild intellectual development disorder compromising Catarina's learning was identified. After her cognitive and functioning profile were assessed, Catarina was encouraged to explore some vocational pathways appropriate to her idiosyncrasies and to the promotion of her social inclusion. Catarina identified some vocational pathways appropriate to her interests and competencies. She progressively became more confident about her vocational choices and her skills to deal with the transition to the labour world. The intervention proved to be effective in helping the adolescent develop coping skills to deal with the transition into working life, as a way to promote her autonomy and inclusion.

C099. STRUGGLING IN MATHEMATICS: A CASE STUDY

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Many students fall below the expected level of mathematics achievement and learning, despite its

importance on our society. Indeed, mathematics is difficult and entails mastering many cognitive processes. This struggle with mathematics is, in many cases, more than holding a grudge against a difficult and demanding subject. It may be due to environmental or child factors, school curriculum, and many others contributing to development and sustaining mathematical learning disabilities. Math skills are often cumulative in nature and unfortunately, so are the effects of mathematical learning disabilities. In these cases, a comprehensive intervention is required, aiming to optimize the contexts of learning and the child's mathematical performance. The main purpose of this presentation is to explore the development of mathematical learning disabilities and the interventions implemented in different moments of the school trajectory, using a clinical case as an illustration. The processes of assessment and intervention were based on a bioecological model of human development (Brofenbrenner, 1979, 1995). Assuming the different levels of child functioning, the psychologist assesses and intervenes in the confluence of micro and mesosystems. We will present a case of an eight-year-old girl, attending the 3rd grade, referred by her parents, due to behavior and learning difficulties, specifically in mathematics. The first assessment was in the beginning of the 2nd grade. Difficulties in counting, arithmetic and basic mathematical facts retrieval have been identified. Her performance has been monitored until the end of the 3rd grade. The interventions strategies applied showed improvements in those three domains accordingly to the Portuguese educational curriculum for mathematics.

C100. PREVENTION RESPONSE: HELPING YOUNG CHILDREN TO DEVELOP EMERGENT LITERACY SKILLS

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Emergent literacy refers to the reading and writing knowledge and behavior of children who are not yet conventionally literate. Preschool children who are experiencing difficulties in emergent literacy development are on increased risk for entering elementary school without an adequate literacy foundation. The project «O Crescer do ler» was developed under the framework of a partnership between the Faculty of Psychology and Educational Sciences of the University of Porto and the Federation of Parents' Associations of Santa Maria da Feira, and with the support of the municipality. This project was implemented with 5 years old children, attending public kindergarten and schools of Santa Maria da Feira. This project aims to: 1) promote emergent literacy skills to increase formal reading and writing learning, and 2) identify children with reading and writing difficulties. The project was designed based on Response to Intervention (RTI). The operationalization of the RTI requires differentiated and increasingly selective levels of intervention. These levels were defined based on the data gathered in the universal screening developed with each child. The universal screening and the different levels of intervention focused on dimensions associ-

ated with subsequent success in reading and writing learning; *i*) oral language; *ii*) phonological awareness; *iii*) rapid automatized naming, and *iv*) and concepts about print. The project O «Crescer do ler» has promoted a: 1) intervention of kindergarten teachers, school psychologists and parents to increase emergent literacy skills, by means of a preventive and early intervention; 2) articulation between educational services, based on an ecological and multidisciplinary approach, and 3) linking politics, research, education and community to promote school success.

S38. ¿ESTÁ CAMBIANDO LA TECNOLOGÍA LA SEXUALIDAD DE NUESTROS ADOLESCENTES?

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En el desarrollo psicosocial del adolescente, la sexualidad ocupa un lugar fundamental. Se trata de una etapa de descubrimientos que tienen que ver con la dimensión más biológica del ser humano, pero también con la cognitiva, la emocional, la social y la cultural. Resulta obvio que el modo que tiene el adolescente de construir su sexualidad tiene que ver con su entorno, y no solo con el social sino también con el tecnológico. La aparición y rápido desarrollo y extensión de las tecnologías de la información y comunicación suponen un escenario distinto al de hace apenas una década, un escenario en el que surgen nuevas posibilidades para el crecimiento sexual y personal, pero también nuevos riesgos. En este simposium se presentan cuatro trabajos que giran en torno a dos fenómenos que constituyen un reto para psicólogos y educadores: el *sexting* y el cibersexo, fenómenos que se pretende analizar en profundidad haciendo patente no sólo su prevalencia sino también otros factores relacionados. En el caso del *sexting* se analizará la influencia del género y de los mitos del amor romántico compartidos por muchos adolescentes. Y en el cibersexo, además de la influencia del género y la orientación sexual se expondrá cómo constituye un espejo donde observar la diversidad afectivo-sexual de nuestros adolescentes.

C101. SEXTING Y MITOS DEL AMOR ROMÁNTICO

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El *sexting* consiste en la difusión o publicación de contenidos de tipo sexual (texto, fotos y vídeos). Este fenómeno en la etapa preadolescente lleva asociado una ausencia de conciencia de riesgo y una elevada confianza hacia el receptor del contenido así como la impulsividad derivada del apasionamiento que caracte-

riza a las primeras relaciones románticas. El objetivo de este trabajo ha sido el análisis de la vinculación entre la conducta de *sexting* y la pervivencia de algunos mitos del amor romántico que dejan en situación de vulnerabilidad a los preadolescentes ante los riesgos del *sexting*. En el estudio han participado 677 adolescentes de 1.^º a 4.^º de la ESO con edades comprendidas entre los 12 y 16 años, siendo el 51.5% hombres y el 48.4% mujeres. A todos ellos se les ha aplicado una batería que incluye cuestiones relacionadas con la conducta de *sexting* y mitos del amor romántico. Los resultados muestran que el 13.3% de los participantes realiza conductas de *sexting*, de los cuales el 47.7% lo hacen habitualmente con su pareja. Por lo que respecta a la conceptualización que tienen sobre el amor quienes practican *sexting*, solo el 50% sería capaz de implicarse y dar por amor pero no a cualquier precio, mientras que el otro 50% se reparte sobresaliendo como mayor porcentaje (21.3%) quienes serían capaces de darlo todo por amor sin esperar nada a cambio. Es destacable también que en opinión del 39.8%, para conseguir enamorar a alguien lo mejor es ser una persona cariñosa y dispuesta a comprender todo. Cabe destacar como conclusión que las relaciones amorosas que se producen en la adolescencia temprana están mediatisadas en gran medida por mitos que pueden llegar a ser peligrosos cuando normalizan conductas como el *sexting* por las consecuencias que pueden derivarse de ello.

C102. ABUSO SEXUAL Y ADICCIÓN AL CIBERSEXO EN LA ADOLESCENCIA

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Este estudio ha sido posible gracias a una ayuda de la Universitat Jaume I para el desarrollo del proyecto de investigación P1-1B2015-82. El abuso sexual (AS) en la infancia y adolescencia constituye una lacra en nuestra sociedad y es uno de los antecedentes más frecuentes de multitud de trastornos. Sin embargo, no existen demasiados trabajos que analicen sus efectos sobre la salud sexual, especialmente las adicciones sexuales, de los adolescentes. Nuestro objetivo es analizar la prevalencia del AS entre los adolescentes españoles y sus implicaciones sobre la adicción al cibersexo y la hipersexualidad en sus diferentes manifestaciones. Se evaluó a 1352 adolescentes entre 16-25 años (Media = 20.6 años, *DT* = 2.5) de los que el 46.2% eran hombres. Esta muestra forma parte de un estudio nacional a través de una plataforma online difundida por Facebook que incluía cuestionarios relacionados entre otras variables con la adicción al cibersexo, al sexo, compulsividad sexual e hipersexualidad. Un 9.2% de la muestra (6.5% de chicos y 11.4% de chicas) ha sufrido algún AS. El mayor porcentaje se dio en los bisexuales (20.3%), seguidos de los homosexuales (9.4%) y los heterosexuales (6.3%), siendo las diferencias por género y orientación sexual estadísticamente significativas. En las chicas, el porcentaje mayor se observa en las lesbianas. Los chicos que habían sufrido AS presentaron medias