



Mindful nutrition: knowing both benefits and risks of foods

[DATA]

23 DE MAIO 2022 / MAY, 23RD 2022

[HORÁRIO]
10H00

[LOCAL]
ANF. 05 / ANF. 10

MORNING [ANF. 05]

ISABEL FERREIRA E MIGUEL FARIA [MODERADORES]

10H00 - 10H45 (Poly)phenols and health: are they really working?

DANIELE DEL RIO

(Full Professor of Human Nutrition, Department of Food and Drugs Head, School of Advanced Studies on Food and Nutrition University of Parma, Italy)

10H45 - 11H30 Personalised nutrition, (poly)phenols, and cardiometabolic response: whats next?

PEDRO MIGUEL MENA PARREIRO

(Associate Professor of Human Nutrition, School of Advanced Studies on Food and Nutrition University of Parma, Italy)

11H30 - 11H45 DISCUSSION

DIETxPOSOME PROJECT [Flash presentations of main achievements]

11H45 - 12H00 Data mining: the emerging digital omics to estimate food composition

ZITA MARTINS

(Researcher at LAQV/REQUIMTE, Faculty of Pharmacy, University of Porto, Portugal)

12H45 - 12H15 Fate of mycotoxins along gastrointestinal tract assessed by in vitro studies

MADALENA SOBRAL

(Researcher at LAQV/REQUIMTE, Faculty of Pharmacy, University of Porto, Portugal)

12H15 - 12H30 Influence of cooking methods on the content of polycyclic aromatic hydrocarbons and heavy metals

OLGA VIEGAS

(Researcher at LAQV/REQUIMTE-Faculty of Pharmacy, Invited Professor at Faculty of Food Science and Nutrition; University of Porto, Portugal)

AFTERNOON [ANF. 10]

ISABEL MAFRA E SARA CUNHA [MODERADORES]

14H15 - 14H30 Main achievements of FOODinteract research team

ISABEL FERREIRA

(Associate Professor at Faculty of Pharmacy, University of Porto, LAQV/REQUIMTE, Portugal)

14H30 - 16H30 Flash presentations of on-going projects/2020-2021 highlights [7 MINUTES EACH PRESENTATION]

16H30 - 17H00 DISCUSSION [votation of 2021 Highlights]

INSCRIÇÃO/REGISTRATION



FREE REGISTRATION REQUIRED:
<https://forms.gle/h1KPZy1jK8yQSM5Q7>

www.ff.up.pt

ORGANIZAÇÃO:

Isabel Ferreira, Miguel Faria, Olga Viegas, Zita Martins, Madalena Sobral

FUNDING:

Fundação para a Ciência e Tecnologia
DIETxPOSOME - PTCD/SAU-NUT/6061/2020

