

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

This article was published in Environmental Science and Pollution Research,
21 (5), 3604-3620, 2014
<http://dx.doi.org/10.1007/s11356-013-2316-3>

**Trace metals in size-fractionated particulate matter in Portuguese hospital: exposure
risks assessment and comparisons with other countries**

Klara Slezakova^{a,b}, Simone Morais^b, Maria do Carmo Pereira^{a*}

^aLEPABE, Departamento de Engenharia Química, Faculdade de Engenharia, Universidade
do Porto, R. Dr. Roberto Frias, 4200–465 Porto, Portugal

^bREQUIMTE, Instituto Superior de Engenharia do Porto, Instituto Politécnico do Porto, R.
Dr. António Bernardino de Almeida 431, 4200–072 Porto, Portugal

*Corresponding author: Telephone: ++351 22 508 1590, Fax: +351 22 508 1449

E-mail: mcsp@fe.up.pt

10 Abstract

11 Hospitals are considered as a special and important type of indoor public place where air
12 quality has significant impacts on the potentially health outcomes. Information on indoor air
13 quality of these environments is though limited, namely concerning to exposures to
14 particulate matter (PM) and the related toxicity. This work aims to evaluate risks associated
15 with inhalation exposure to ten toxic metals and chlorine (As, Ni, Cr, Cd, Pb, Mn, Se, Ba,
16 Al, Si, Cl) in coarse (PM_{2.5-10}) and fine (PM_{2.5}) particles in a Portuguese hospital in
17 comparison with studies representative of other countries. Samples were collected during
18 one month in one urban hospital; elemental PM characterization was determined by proton
19 induced x-ray emission. The non-carcinogenic and carcinogenic risks were assessed
20 according to the methodology provided by USEPA (Region III Risk-based Concentration
21 Table) for three different age categories of hospital personnel (adults > 20 and < 65 years)
22 and for patients (considering nine different age groups, i.e. children with 1–3 years to
23 seniors with > 65 years). The estimated non-carcinogenic risks due to occupational
24 inhalation exposure to PM_{2.5}-bound metals ranged from 5.88×10^{-6} for Se (adults 55–
25 64years) to 9.35×10^{-1} for As (adults 20–24 years) with total non-carcinogenic risks (sum of
26 all metals) above the safe level for all three age categories. As and Cl (the latter due to its
27 high abundances) were the most important contributors (approximately 90%) to non-
28 carcinogenic risks. For PM_{2.5-10} non-carcinogenic risks of all metals were acceptable to all
29 age groups. Concerning the carcinogenic risks, for Ni and Pb they were negligible ($< 1 \times 10^{-6}$)
30 in both PM fractions for all age groups of hospital personnel, but potential risks were
31 observed for As and Cr that with values in PM_{2.5} exceeding (up to 62 and 5 times,
32 respectively) USEPA guideline across all age groups; for PM_{2.5-10} increased excess risks of
33 As and Cr were observed particularly for the long-term exposures (adults with 55-64 year).
34 Total carcinogenic risks highly (up to 67 times) exceeded the recommended level for all age

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35 groups, thus clearly showing that occupational exposure to metals in fine particles poses
36 significant risks. If the extensive working hours of hospital medical staff were considered,
37 the respective non- and carcinogenic risks were increased, the latter for PM_{2.5} exceeding the
38 USEPA cumulative guideline of 10⁻⁴. For adult patients the estimated non-carcinogenic and
39 carcinogenic risks were approximately three times higher than for personnel, with particular
40 concerns observed for children and adolescents.

41

42 **Keywords:** indoor air; PM; risks; metals; hospital; carcinogens

43 **1. Introduction**

44 There is growing public awareness regarding the health risks associated with poor indoor air
45 quality (Huboyo et al. 2011; Hulin et al. 2012; WHO 2010). Because people spend majority
46 of their time indoors (Klepeis et al. 2001), they are at greater risks of adverse health effects
47 from chronic exposures to indoor air pollutants (Bernstein et al. 2008). Among those
48 concerns is exposure to inhalable particulate matter (PM). In recent years, the scientific
49 attention has focused mostly on fine fraction of particles (<2.5 µm in diameter; i.e. PM_{2.5};
50 Brunekreef et al. 2009; Hoek et al. 2013; Li et al. 2013; Polichetti et al. 2009) that has been
51 linked to both acute and chronic respiratory and cardiopulmonary health effects including
52 lung cancer (Mitchel et al. 2007; Valavanidis et al. 2008). Additional focus has been placed
53 on determining associations with PM components (elemental carbon, sulfates, nitrates,
54 polycyclic aromatic hydrocarbons, biological components; Atkinson et al. 2010; Brunekreef
55 et al. 2009; Gent et al. 2009; Nemmar et al. 2013; Maynard et al. 2007; Sarnat et al. 2008).
56 Although the precise mechanisms of PM health effects are not completely understood
57 (Oeder et al. 2012), the evidence has shown significant associations between PM properties
58 (chemical and biological components, particle surface area and reactivity) and its toxicity
59 (Kelly and Fussel 2012; Nemmar et al. 2013). Therefore, PM chemical components may
60 have high potential to contribute to PM-induced health effects (Schwarze et al. 2006) even
61 though they compose only a small fraction of PM mass (Slezakova et al. 2007, 2009). Most
62 studies of PM have focused on ambient (outdoor) exposures. The contribution and
63 significance of indoor PM, which may differ substantially in composition from outdoor
64 particulates, have yet to be fully explored.

65 PM composition is very complex. Previously, the risks of toxic compounds such
66 PAHs in indoor and outdoor PM have been shown (Castro et al 2011; Slezakova at al.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

67 2011a). Due to their toxic characters, trace metals are an important component of PM
68 (Senlin et al. 2008). Some airborne trace metals may derive from natural crustal source, but
69 the majority results from anthropogenic activities (Okuda et al. 2008) with the main sources
70 including (Fang et al. 2010; Susaya et al. 2010): vehicle emissions (primary source for
71 chromium, lead cadmium, and barium), industrial and construction processes (responsible
72 for manganese, aluminum, silicon), oil (responsible for nickel) and coal combustions
73 (chromium), and metal industry (metal-specific). In indoor environments the abundances of
74 the trace elements result from infiltration of outdoor emissions (Habil et al. 2013; Hassan
75 2012) and from various indoor sources which include different wall-paints and indoor
76 equipment and utensils (Chattopadhyay et al. 2003; Kebede et al. 2013; Paoletti et al. 2006;
77 Taner et al. 2013). Most trace metals exist in the solid phase and thus occur almost
78 exclusively in the particle phase of the atmosphere, where they are ubiquitous in both fine
79 and coarse fractions (Hu et al. 2012; Singh et al. 2011). For the health risks assessment, the
80 size distributions of atmospheric trace metals and other elements is significant (Kelly and
81 Fussel 2012). Whereas metals from crustal sources tend to accumulate in coarse mode of
82 particles (i.e, those larger than approximately 1-3 μm ; (Lü et al. 2012; Slezakova et al.
83 2008), the more toxic metals from anthropogenic sources are predominantly found in the
84 fine fraction of atmospheric particles (Chen and Lippmann 2009; Song and Gao 2011;
85 Greene and Morris 2006). In small quantities they might be harmless, but many of the trace
86 metals (and metallic compounds) are harmful to the humans (WHO 2007). According to the
87 International Agency for Research on Cancer (IARC) arsenic, cadmium, and hexavalent
88 chromium and nickel compounds are classified as carcinogenic to humans (IARC 2012)
89 whereas inorganic lead compounds are classified probable carcinogens (IARC 2006).
90 Accumulation in fatty tissues and circulatory system, negative effects on central nervous
91 system and functioning of internal organs as well as acting as cofactors in other diseases

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

92 and cancer are some of the negative health effects associated with exposure to these metals
93 (Chen and Lippmann 2009; Kurt-Karakus 2012). Therefore, in order to protect public health
94 European Union (Directive 2004/107/EC) settled limits of atmospheric metals considering
95 three carcinogenic metals (arsenic, nickel and cadmium) in ambient air. As these elements
96 represent hazard to human health careful monitoring should be considered. Furthermore, the
97 investigation of the health risks associated with airborne metals may provide useful
98 information regarding environmental risks of indoor environments.

99 Hospitals are considered as a special and important type of indoor public place
100 (Banse 2013; Barnett and Barnett 2003) where poor air quality can affect not only the health
101 of the employees but also of patients (due to suppressed immune system they are more
102 susceptible to external influences). Assessment of risks to these occupants resulting from
103 exposure to airborne particulates includes measurements of PM concentration levels and
104 their related toxicity in terms of trace metals (or ions). However, the information concerning
105 PM levels in hospitals is limited (and in Portugal non-existent). Additionally, there is a lack
106 of knowledge on PM trace metals in these environments (Brown et al. 2012; Wang et al.
107 2006a) and the associated health impacts. Considering the importance of hospital to public
108 health, further studies are necessary in order to fully assess the risks of particulate exposures
109 and the related toxicity in the respective environments. The aim of this study was to
110 estimate the risks associated with exposure to particulate-bound trace metals in hospital
111 environment. Hospital staff and patients were the considered exposed groups. The
112 concentrations of trace elements, namely aluminum (Al), silicon (Si), chlorine (Cl),
113 manganese (Mn), selenium (Se), barium (Ba), arsenic (As), lead (Pb), cadmium (Cd),
114 chromium (Cr), and nickel (Ni) collected in Portuguese hospital were determined in indoor
115 coarse (PM_{2.5-10}) and fine (PM_{2.5}) particles. The specific objectives of this work were: i) to

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

116 evaluate non-carcinogenic risks associated with inhalation exposure to eleven potentially
117 toxic trace elements in PM_{2.5-10} and PM_{2.5}; ii) to evaluate carcinogenic risks from inhalation
118 exposure to fine particles and to PM_{2.5-10} and PM_{2.5}-bound metals; and iii) to assess and
119 compare PM indoor air quality in a Portuguese urban hospital with studies representative of
120 other countries and existing guidelines.

121

122 **2. Materials and methods**

123 *2.1 Sample collection*

124 Particulates were collected for a period of four weeks in the hospital of Vila Nova de Gaia
125 which belongs to the Metropolitan Area of Oporto (NW region of Portugal), and
126 corresponds to the second largest municipality in Portugal. The hospital complex is
127 surrounded by national roads and is located in the direct vicinity of the busiest highway in
128 Portugal that connects north and south of the country (Fig. 1); the highway is also the main
129 road connection to the north of Spain. Consequently, emissions from road traffic are the
130 main source of atmospheric pollutants in the respective area. Samples were collected daily
131 for a period of 24 hours (7:30 a.m. to 7:30 a.m. next day) by constant flow samplers (Bravo
132 H2, TCR TECORA, Italy) that were combined with PM EN LVS sampling heads (in
133 compliance with norm EN12341 for PM₁₀ and EN14907 for PM_{2.5}); an air flow rate of 2.3
134 m³ h⁻¹ was used. The sampling apparatuses were positioned inside a main corridor of the
135 radiology ward that was designated to both children (older than 1 year) and adult patients.
136 Inlets were placed 1.6 m above the floor (in order to simulate human breathing zone) and
137 minimally 1 m from the walls, without obstructing the normal usage of the rooms. PM
138 masses were collected on polytetrafluoroethylene (PTFE) membrane filters with
139 polymethylpentene support ring (2 µm pore size, Ø47 mm, SKC Ltd, UK). During the

140 monitoring period a detailed record was kept on the activities in the area surrounding the
141 sample collection. Concerning PM indoor sources, no significant differences were observed
142 between the activities performed by the personnel; smoking was prohibited in all areas of
143 the hospital.

144

145 *2.2 PM mass determination*

146 PM₁₀ and PM_{2.5} masses were determined gravimetrically as described previously in detail in
147 Slezakova et al. (2009). Briefly, the initial mean mass of the blank filter was subtracted
148 from the final mean mass of the exposed filter; the difference was then divided by the total
149 volume of air that passed through filter (at 25 °C and 101.3 kPa). PM_{2.5-10} fraction (i.e.
150 coarse fraction with particles of aerodynamic diameter between 2.5 and 10 µm) was
151 determined as difference (by subtraction) between PM₁₀ and PM_{2.5}.

152

153 *2.3 Elemental characterization*

154 Elemental characterization of PM₁₀ and PM_{2.5} was performed by Proton Induced X-ray
155 Emission (PIXE), which provided analysis for elements from magnesium through uranium.
156 For the elemental analysis PTFE filters were cut in half. One half of the filter was analyzed
157 whereas the other part was kept for possible replicates and other analysis. PIXE analyses
158 were carried out at a Van de Graaff accelerator, in vacuum. For each of the samples two X-
159 ray spectrum were taken; one with a 1.2 MeV proton beam and no absorber in front of the
160 Si(Li) detector for low energy X-ray elements, and another with a 2.25 MeV proton beam
161 and a 250 mm Mylar® filter to detect elements with atomic number higher than 20. The
162 beam area at the target was 20 mm². Spectra deconvolution was performed with the AXIL
163 computer code V3.0 and quantitative analysis was carried out with the DATPIXE package
164 (Almeida et al. 2003; Freitas et al. 2003).

165

166 *2.4 Health risk analysis*

167 The non-carcinogenic and carcinogenic risks were assessed according to the methodology
168 provided by USEPA Region III Risk-based Concentration Table (USEPA 2013a). The non-
169 carcinogenic risks of each individual metal were assessed by the non-cancer hazard
170 quotient (THQ) (USEPA 1989): “the ratio of a single substance exposure level over a
171 specified time period (e.g, subchronic) to a reference dose (RfD) for that substance derived
172 from a similar exposure period”. THQ assumes that there is a level of exposure (i.e, RfD)
173 below which it is unlikely for even sensitive populations to experience adverse health
174 effects. If the exposure level (E) exceeds this threshold (i.e, if E/RfD exceeds unity), there
175 may be concern for potential non-cancer effects (USEPA 1989); higher values of THQ
176 (above unity) indicate the greater levels of concern.

177 The carcinogenic risks were assessed as the incremental probability of an individual
178 to develop cancer, over a lifetime, as a result of exposure to that potential carcinogen (i.e.
179 incremental or excess individual lifetime cancer risk; USEPA 1989). Acceptable risk levels
180 for carcinogens range from 10^{-4} (risk of developing cancer over a human lifetime is 1 in 10
181 000) to 10^{-6} (risk of developing cancer over a human lifetime is 1 in 1 000 000).

182 The following equations were used to calculate non-carcinogenic and carcinogenic
183 risks associated with inhalation exposure to trace elements in indoor environment:

184 $THQ = (E_{Fr} \times ED \times ET \times C \times IR) / (RfD \times BW \times AT)$ (1)

185 $TR = (E_{Fr} \times ED \times ET \times C \times IUR) / AT$ (2)

186 where THQ and TR (target carcinogenic risk) are dimensionless; EFr is the exposure
187 frequency (250 days per year; USEPA 2013a); ED is the exposure duration (years); ET is
188 exposure time (8 h per day for hospital personnel and 24 h per day for patients; USEPA
189 2013a); C is the concentration of metal in air ($\mu\text{g m}^{-3}$); IR is the inhalation rate ($\text{m}^3 \text{day}^{-1}$);

190 BW is body weight (kg); AT is the number of days over which the exposure is averaged
191 (365 days per year \times ED for non-carcinogenic effects and 25,500 days, i.e. 70 years \times 365
192 days per year for carcinogenic effects; USEPA 2013a); RfD is the inhalation reference dose
193 ($\text{mg kg}^{-1}\text{day}^{-1}$); and IUR is the chronic inhalation unit risk ($\mu\text{g m}^{-3}$)⁻¹; USEPA 2013a).
194 Since RfD values are only available for oral exposure (USEPA 2013a), the RfD values were
195 converted from existent USEPA reference concentrations for inhalation exposure according
196 to USEPA (2013b):

$$197 \text{ RfD} = (\text{RfC} \times \text{IR}_A \times \text{AR}) / (\text{BW}_A \times 100) \quad (3)$$

198 where RfC is reference concentration (mg m^{-3}); IR_A and BW_A are inhalation rate and body
199 weight of an adult ($20 \text{ m}^3 \text{ day}^{-1}$ and 70 kg; USEPA 2013b); and AR is absorption rate
200 (100%; USEPA 2013b). The converted RfD values are presented in Table 1. Non-
201 carcinogenic risks were estimated for nine trace elements for which RfC values (in
202 brackets) are available (USEPA 2013a): aluminium ($5 \times 10^{-3} \text{ mg m}^{-3}$), silicon ($3 \times 10^{-3} \text{ mg m}^{-3}$),
203 chlorine ($1.5 \times 10^{-4} \text{ mg m}^{-3}$), manganese ($5 \times 10^{-5} \text{ mg m}^{-3}$), selenium ($2 \times 10^{-2} \text{ mg m}^{-3}$),
204 barium ($5 \times 10^{-4} \text{ mg m}^{-3}$), hexavalent chromium – Cr (VI) ($1 \times 10^{-4} \text{ mg m}^{-3}$), nickel – refinery
205 dust ($5 \times 10^{-5} \text{ mg m}^{-3}$), and arsenic – inorganic ($1.5 \times 10^{-5} \text{ mg m}^{-3}$). Similarly when available,
206 the IUR values were retrieved for four carcinogenic elements (possible probable) as the
207 following (USEPA 2013a): nickel (refinery dust; $4.8 \times 10^{-4} (\mu\text{g m}^{-3})^{-1}$), arsenic (inorganic;
208 $4.3 \times 10^{-3} (\mu\text{g m}^{-3})^{-1}$), lead (acetate; $1.2 \times 10^{-5} (\mu\text{g m}^{-3})^{-1}$), and hexavalent chromium
209 ($8.4 \times 10^{-2} (\mu\text{g m}^{-3})^{-1}$). In this work hospital staff and patients were the considered exposed
210 populations. Hospital staff was represented only by adults (i.e. older than 20 years and < 65
211 years). Three different age-categories of adults were considered, namely with 20–24 years,
212 25–54 years and 55–64 years (USEPA 2011). Nine different age-categories ranging from
213 children of 1 year to seniors >65 years of patients were used for the estimation of the target
214 risks (Vieira et al. 2011; USEPA 2011) with the following ED values (in brackets): children

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

215 1–3 years (1 year), children 4–6 years (4 years), children 7–10 years (7 years), adolescents
216 11–14 years (11 years), adolescents 15–19 years (15 years), adults 20–24 years (20 years),
217 adults 25–54 years (25 years), adults 55–64 years (55 years), and seniors >65 years (65
218 years) (USEPA 2011). Body weights and inhalation rates for the respective age categories
219 were adapted from USEPA (2011) as the following: children 1–3 years (14 kg; 8.5 m³ day⁻¹)
220 ¹), children 4–6 years (21 kg; 10.1 m³ day⁻¹), children 7–10 years (32 kg; 12.0 m³ day⁻¹),
221 adolescents 11–14 years (51 kg; 15.2 m³ day⁻¹), adolescents 15–19 years (67 kg; 16.3 m³
222 day⁻¹), adults 20–24 years (72 kg; 15.7 m³ day⁻¹), adults 25–54 years (77 kg; 15.9 m³ day⁻¹)
223 ¹), adults 55–64 years (77 kg; 14.9 m³ day⁻¹), and seniors >65 years (72 kg; 13.4 m³ day⁻¹).

224

225 *2.5 Statistical analysis*

226 For the data treatment, the Student's t-test was applied to determine the statistical
227 significance ($p < 0.05$, two tailed) of the differences between the determined means.

228

229 **3. Results and discussion**

230 *3.1 PM concentrations*

231 In the studied hospital, 24-h PM₁₀ concentrations ranged between 13 to 59 μg m⁻³ with
232 median value of 38 μg m⁻³. On average 77% of indoor PM₁₀ was composed by PM_{2.5} (range
233 of 11 to 42 μg m⁻³; median of 30 μg m⁻³); coarse (i.e. PM_{2.5-10}) particles ranged between 2.5
234 and 22 μg m⁻³ (median of 6 μg m⁻³) and they accounted for 23% of indoor PM.
235 Furthermore, the statistical analysis of the results indicated that PM_{2.5-10} mean (7.4 ± 4.1 μg
236 m⁻³) was significantly lower ($p < 0.05$) than PM_{2.5} (23 ± 10 μg m⁻³). Overall obtained PM₁₀
237 and PM_{2.5} were in similar ranges as in non-smoking residences (Minguillón et al. 2012;
238 Slezakova et al. 2009, 2011b) but lower (approximately 3-10 times) than in public places
239 (restaurants, supermarkets, and commercial offices) or schools (Dong et al. 2013; Habil et

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

240 al. 2013; Taner et al. 2013). All existent studies dedicated to PM in hospitals are
241 summarized in Table 2. Concerning Europe, available information on PM in hospitals exists
242 only for fine fraction (Fernández et al. 2009; Nardini et al. 2004; Sureda et al. 2010). PM_{2.5}
243 levels obtained in the Portuguese hospital were significantly higher ($p<0.05$) than those
244 found in other European countries. All European studies referred in Table 2 were performed
245 in order to assess environmental tobacco smoke (ETS); PM_{2.5} was used as its marker.
246 Therefore, different organization of these studies, very different sampling protocols with
247 limited period of sample collections may account for some of the observed differences in
248 PM levels. More information on both PM₁₀ and PM_{2.5} comes from Asian countries (Table
249 2). Two studies performed in Taiwan reported similar concentration ranges of PM₁₀ (Wan et
250 al. 2011) and PM_{2.5} (Hsu et al. 2012) to those in Portugal. In India and China, observed
251 PM_{2.5} and PM₁₀ in hospital environments were much higher than in Portugal (3 to 4 times;
252 Verma and Taneja 2011; Wang et al. 2006a, 2006b). These findings are though not so
253 surprising considering the typically much higher levels of ambient air pollution in Asian
254 countries. Despite the higher levels, Wang et al. (2006a, 2006b) who investigated PM levels
255 in four different Chinese urban hospitals, reported mean PM_{2.5}/PM₁₀ ratio of 0.78; a similar
256 mean of 0.77 was observed in this study. Fine particles thus constituted a major fraction of
257 PM₁₀ in the studied hospital. These findings are health-relevant because especially PM_{2.5}
258 represents a serious risk to human health; when inhaled these particles may reach the
259 peripheral regions of the bronchioles, and interfere with gas exchange inside the lungs
260 (WHO 2000). Nevertheless, current Portuguese legislation for indoor air quality (Decreto
261 Lei 79/2006) provides limits only for PM₁₀ fraction (defined as maximal indoor
262 concentration of 150 $\mu\text{g m}^{-3}$). In order to protect public health, regulatory aspects of air in
263 relation to indoor PM_{2.5} need to be addressed. Some experts recommend indoor levels be
264 maintained at 50% or less than air quality standards established by US EPA for outdoor air

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

265 (Bernstein et al. 2008). However, PM does not have any threshold below which no health
266 damage is observed. In order to minimize the health effects WHO thus recommended
267 guidelines (in ambient air) that represent an acceptable and achievable levels of air pollution
268 (WHO 2006). Concerning PM_{2.5}, WHO advises that mean concentration should not exceed
269 25 µg m⁻³ and 10 µg m⁻³ within period of 24 h and calendar year, respectively. As these
270 guidelines are set for ambient air, they cannot be applied to indoor environments directly;
271 on average people spend 75 to 90% of their time indoors whereas it is only 10–25%
272 outdoors. In the studied hospital more than 50% of PM_{2.5} measured concentrations
273 surpassed the 24-h guideline for ambient air which indicates the potential health risks of the
274 exposed individuals. In addition, the indoor particles can act as carrier for infectious
275 microbes and microbial metabolites that may accumulate in the hospital environments (Hsu
276 et al. 2012), thus representing additional health risks (i.e. transmissions of airborne
277 infectious diseases; Eames et al. 2009; Tang et al. 2011; Hsu et al. 2012).

278

279 *3.2 Elemental composition*

280 Twenty one elements were determined by PIXE in indoor PM (Slezakova et al. 2012). Out
281 of these, eleven elements were considered for health risk assessment: Al, Si, Cl, Mn, Se, Ba,
282 Cr, Ni, As, Cd and Pb. Table 3 provides summary (means, ranges) of these 11 elements in
283 PM_{2.5} and PM_{2.5-10}. The total concentration of eleven elements (i.e. ΣE₁₁) in air ranged
284 between 271 and 1030 ng m⁻³ for PM_{2.5} (mean of 759 ng m⁻³) and between 134 and 793 ng
285 m⁻³ for PM_{2.5-10} (mean of 349 ng m⁻³); ΣE₁₁ comprised 26 and 25% of the elemental content
286 in PM_{2.5} and PM_{2.5-10}, respectively. Indoor elemental concentrations were compared with
287 those from outdoor air from previous studies of the same team (Slezakova et al. 2012, 2007)
288 in the selected area. Overall, the outdoor mean ΣE₁₁ ranged between 1875 and 2350 ng m⁻³

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

289 for PM_{2.5} and from 2570 to 2620 for PM_{2.5-10}. The respective levels observed in the hospital
290 were approximately 2-3 times lower for PM_{2.5} and 7-8 times for PM_{2.5-10}.

291 Only few studies on PM elemental composition in hospital environments exist. From
292 the available studies that are summarized in Table 2, only two of them (Brown et al. 2012;
293 Wang et al. 2006a) presented results concerning PM composition. In Atlanta (USA) Brown
294 et al. (2012) analyzed elemental compositions of PM_{2.5} in various microenvironments
295 including one hospital. However, only limited results are presented for the hospital and with
296 all data presented in plots. Thus the available information comes mainly from the study in
297 Guangzhou, China (Wang et al. (2006a) where elemental concentrations ranged from 3400
298 to 5500 ng m⁻³ in PM_{2.5} and from 6280 to 10 280 ng m⁻³ in PM₁₀. These levels were
299 approximately twice higher than in the present study (Table 3), which is expected
300 considering the higher pollution levels in Asian countries in general.

301 The compositional profiles of these elements were similar for both PM fractions. Out
302 of eleven considered elements, Cl, Si, and Al were the most dominant ones in both PM.
303 These three elements accounted, respectively, for 85 and 90% of ΣE₁₁ in PM_{2.5} and PM_{2.5-10}.
304 Specifically, Cl was the most abundant in PM_{2.5} (53 % of ΣE₁₁) being followed by Si (19%
305 of ΣE₁₁) and Al (13%) whereas in coarse fraction Si accounted for the majority of ΣE₁₁
306 (50%), and Cl and Al contributed 30 and 13% of ΣE₁₁. The presence of Cl in indoor
307 environments might result from cleaning works and use of cleaning products and
308 disinfectants (Sulaiman et al. 2005), which are abundantly utilized in hospital environments.
309 Dust released from building material can be also potential source of indoor Cl (Abdel
310 Hameed et al. 2004). Considering that studied hospital is situated in a coastal area, indoor
311 chloride may result from penetration of outdoor sea salt sprays particles (Slezakova et al.
312 2011b). Silicon and Al often result from crustal sources. The subsoil of this region consists
313 of granite that is rich in Al and Si (Begonha 2001); granite is a common affordable material

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

314 frequently also used indoors. Thus presence of these elements in indoor environments might
315 be due to the erosion of building materials or from penetration of outdoor particles to indoor
316 ambiences (by air ventilation, low-quality building isolation, and etc).

317 The abundances of the other elements were for both PM much lower: Ba (2 and 5% of
318 ΣE_{11} in $PM_{2.5}$ and $PM_{2.5-10}$, respectively), Mn (0.4 and 0.2% of ΣE_{11} in $PM_{2.5}$ and $PM_{2.5-10}$,
319 respectively), and Se (0.1% in $PM_{2.5}$ and 0.2% in $PM_{2.5-10}$). Concerning the carcinogenic
320 elements, this study included three known carcinogens (USEPA group A) namely As, Cr
321 and Ni, and Pb that is considered as probable carcinogen based on animal studies (USEPA
322 Group B2). Total mean concentration of carcinogens (ΣE_{carc}) was 96.8 and 4.6 ng m^{-3} in
323 $PM_{2.5}$ and $PM_{2.5-10}$, respectively, thus representing 13 and 1.3% of ΣE_{11} . Specifically, the
324 abundances of Pb, Ni and Cr were low in both PM: Pb (1% and 0.2% of ΣE_{11} in $PM_{2.5}$ and
325 $PM_{2.5-10}$, respectively), Ni and Cr (less than 1 and less than 0.2%, respectively, in $PM_{2.5}$ and
326 $PM_{2.5-10}$); the concentrations of these three carcinogens were at Portuguese hospital much
327 lower than in the study of Wang et al. (2006a): 15-30 times for Cr, 7-13 times for Ni, and
328 20-30 times for Pb. On the contrary As comprised most of the carcinogenic content in both
329 PM (83% and 60% of ΣE_{carc} in $PM_{2.5}$ and $PM_{2.5-10}$, respectively, i.e. 11 and 0.8% of ΣE_{11})
330 and its levels ($PM_{2.5}$ mean of 80.3 ng m^{-3}) were approximately twice higher than in the
331 Chinese study (Wang et al. 2006a). No specific indoor source of As was identified in the
332 hospital. In general, As is not typical indoor pollutant but it can be found in indoor places
333 with smoking (Slezakova et al. 2009); environmental tobacco smoke is its major indoor
334 emission source. However, smoking was prohibited in all areas of the studied hospital.
335 Considering also the predominant abundance of As in fine particles (97%), contribution of
336 anthropogenic outdoor emissions could account for indoor As. At this moment there are no
337 guidelines for concentrations of indoor PM-bound metals. The carcinogenic elements are
338 though considered in the European directive (Directive 2004/107/EC) which settles targets

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

339 for As, Cd, and Ni in ambient air. The targets are expressed as annual means in PM₁₀, with
340 values of 6, 5 and 20 ng m⁻³ for As, Cd, and Ni, respectively. Mean concentration of As in
341 PM₁₀ in hospital (83.0 ng m⁻³, i.e. sum of PM_{2.5} and PM_{2.5-10}) was 14 times higher than the
342 target value for ambient air. Finally, Cd (also considered as class A carcinogen) was absent
343 in both PM in the studied hospital; this element was the least abundant in study by Wang et
344 al (2006a) with concentration ranges between 6 and 13 ng m⁻³.

346 3.3 PM health risks

347 The non-carcinogenic risks associated with inhalation exposure to particulate trace elements
348 were calculated for three different age groups of hospital staff according to USEPA
349 methodology. The means and the ranges of THQ calculated for individual elements in
350 different PM fractions and for various age groups of hospital staff are presented in Table 4.
351 The estimated mean THQ for PM_{2.5-10}-bound trace elements ranged from 1.07×10⁻⁶ for Se
352 (adults 55–64 years) to 1.21×10⁻¹ for Cl (adults 20–24 years). These results show that mean
353 THQ of all nine elements in PM_{2.5-10}, as well as, total THQ (i.e. sum of individual THQ)
354 were below the unity (THQ < 1; Table 4) for all age categories of hospital staff. Therefore,
355 non-carcinogenic risks from exposure to trace elements in coarse fraction were acceptable
356 to all age groups of hospital staff. For PM_{2.5}, significantly higher (*p*<0.05) non-carcinogenic
357 risks were observed with corresponding values ranging from 5.88×10⁻⁶ for Se (adults 55–64
358 years) to 9.35×10⁻¹ for As (adults 20–24 years). As and Cl (the latter due to its high
359 abundance) were the most important contributors (approximately 90%) to non-carcinogenic
360 risks. The contributions to THQ of other elements were significantly lower: Ni > Mn > Si
361 >Al > Ba > Cr > Se. For all these elements, individual THQ were below the unity (THQ <
362 1) across all age groups. The total THQ in fine particles (Table 4) though exceeded safe

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

363 level for all three age groups of hospital staff (with the greatest values, i.e. concerns,
364 observed for younger populations), particularly due to the high contributions of As and Cl.

365 The carcinogenic risks (means, ranges) of hospital staff associated with the exposure
366 to PM-bound four carcinogenic elements are presented in Table 5. The obtained results
367 demonstrate that: i) higher risks were found for metals in PM_{2.5} than PM_{2.5-10}; ii) for all
368 carcinogens the highest carcinogenic risks were observed for the age group of adults with
369 55–64 years); and iii) for all age-groups the highest risks were found for arsenic.
370 Considering the above mentioned, the highest cancer risks were thus observed for arsenic in
371 PM_{2.5} which reached for adults with 55–64 years a value of 6.19×10^{-5} . For the carcinogenic
372 risks, USEPA considers that setting a 10^{-6} risk level for individual chemicals and pathways
373 will generally lead to negligible cancer risks. However, caution is recommended to ensure
374 that the cumulative cancer risk for all potential carcinogenic contaminants does not have a
375 residual cancer risk exceeding (10^{-4}) (USEPA 2013a). As previously mentioned, the highest
376 carcinogenic risks were observed for As (Table 5). In PM_{2.5}, TR of As exceeded the USEPA
377 guideline of 10^{-6} for all age categories of hospital staff (Table 5). As was the most
378 threatening carcinogenic metal, primarily due to its high PM content. The minimum As TR
379 value (23 times higher than 10^{-6}) corresponded to adults (20–24 years) and maximum (62
380 times higher) to adults with 55–64 years, mainly due to their lifetime exposure length.
381 Concerning the coarse particles, the As cancer risks were significantly lower. Excess risks
382 were observed for adults 55-64 years with As TR approximately twice higher (than 10^{-6}).
383 Cr was the second leading contributor to carcinogenic risks of hospital staff mostly due to
384 its high value of inhalation unit risk. The inhalation unit risk of Cr (VI) is based on an
385 assumed 1:6 ratio of Cr (III):Cr (VI) (USEPA 2013b). The concentration of Cr determined
386 in this study was total Cr. Therefore, one seventh of the total Cr (i.e. determined)
387 concentration was used for the health risk assessment. In PM_{2.5} TR of Cr surpassed (2-5

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
388 times) the USEPA guideline for all three age categories of hospital staff. Although Cr risks
389 in coarse fraction were mostly negligible, one age category, namely adults with 55-64 years
390 still exhibited TR values slightly higher than recommended. Regarding Ni and Pb, the
391 respective risks were inferior to those of As and Cr. Evaluating all age categories of hospital
392 staff, in PM_{2.5} TR for Ni and Pb were 4-11 times and 41-113 times lower than threshold of
393 10⁻⁶, respectively, whereas it was 23-63 times and 662-1820 times for Ni and Pb in PM_{2.5-10}.
394 Therefore, the carcinogenic risks resulting from occupational exposure to these two
395 elements were negligible for all age categories. The total carcinogenic risks from
396 occupational exposure to metals (i.e. sum of the individual TR) were also assessed for both
397 PM fractions (Table 5). The results shows that total cancer risks of both PM fractions were
398 higher than the USEPA recommended level of 10⁻⁶ for all age groups of hospital staff.
399 Specifically, TR values of PM_{2.5} were high (24 to 67 times than acceptable). In addition,
400 Table 5 also presents the carcinogenic risks calculated for inhalation exposure to indoor
401 PM_{2.5} concentrations. For all three age groups the carcinogenic risks from exposure to PM_{2.5}
402 exceeded USEPA cumulative threshold risk of 10⁻⁴ (risk of developing cancer over a human
403 lifetime is 1 in 10 000), indicating adverse health outcomes across all age groups. The
404 respective TR ranged from 1.22 × 10⁻² for adults (20–24 years), being the highest for adults
405 with 55-64 years (3.36 × 10⁻²). These results imply that 336 employees (55-64 years old) in
406 10 000 may have lung cancer due to the exposure to PM_{2.5} alone. The estimated risks
407 though might be even higher dues to the synergistic effects between particulate matter and
408 trace elements (Oeder et al. 2012).

51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
409 The health risks analysis of this work was based on USEPA recommendation for
410 workers (USEPA 2013a), with exposure frequency of 250 days per year (corresponds to 5
411 days per 50 weeks) and exposure time of 8 h per day (i.e. 40 h per week). Medical
412 professionals though often experience increased workloads (Cole et al. 2009) and long

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

413 working hours, in some specializations (general surgery, anesthesiology) up to 60 h per
414 week (Dorsey et al. 2003). Thus, the respective inhalation risks might be higher than those
415 here estimated. Specifically for personnel with radiology specializations, the authors
416 reported average of 58 h per week (corresponds to 11.6 h per day; Dorsey et al. 2003).
417 When ET of 11.6 h is considered, the re-estimated total THQ are approximately 1.5 times
418 higher (1.85-2.09 and 0.22-0.25 for PM_{2.5} and PM_{2.5-10}, respectively; Fig. 2a). Similarly
419 higher values for carcinogenic risks were obtained with re-estimated total PM_{2.5} TR
420 between 3.52×10^{-5} and 9.69×10^{-5} for adults with 20–24 and 55-64 years; respectively; the
421 corresponding TR in PM_{2.5-10} ranges from 1.84×10^{-6} to 5.06×10^{-6} (Fig. 2b). In essence the
422 major conclusions of the re-evaluated health risk analysis were the same, showing excess
423 risks, both non- and carcinogenic ones, for PM_{2.5}. It is also noteworthy that prolonged
424 working hours caused excess cancer risks (TR 2-5 times higher than 10^{-6}) of coarse fraction
425 across all age categories of hospital staff. Typically, the scientific attention is focused on
426 fine particles. These results though demonstrate that impacts of PM_{2.5-10} should not be
427 omitted especially when prolonged exposures might occur. Although coarse particles
428 deposit in upper parts of respiratory system, they can cause additional risks. In that regard it
429 is necessary to consider that on a daily basis, hospital staff is exposed to metals of both PM
430 fractions. The cancer risks resulting from PM combined exposure (i.e. sum of TR of both
431 PM) exceeded the cumulative threshold of 10^{-4} for adults with 55-64 years. However, the
432 respective risks could be eventually even higher if combined with alternative factors
433 (lifestyle, smoking, diet or additional outdoor exposure). When longer ET of 11.6 h was
434 considered, As THQ ranged from 1.20 to 1.36 in PM_{2.5} and between 4.07×10^{-2} and
435 4.60×10^{-2} in PM_{2.5-10}; carcinogenic risks were 3.26×10^{-5} – 8.98×10^{-5} in PM_{2.5} and 1.10×10^{-6} –
436 3.05×10^{-6} in PM_{2.5-10}. In PM_{2.5} As THQ and TR were of particular concern as they
437 exceeded both unity and USEPA threshold, respectively, across all age categories.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

438 Finally, the non-carcinogenic and carcinogenic risks were also estimated for nine
439 different age-categories of patients (ET of 24 h). The results are shown in Table 4 and 5,
440 respectively. Overall THQ and TR values of adult patients were approximately three times
441 higher than for hospital staff, mostly due to the longer exposure. Particular concerns were
442 observed for children (Σ THQ 7.40–12.0 in $PM_{2.5}$; 1.15–1.45 in $PM_{2.5-10}$). These findings are
443 relevant because young children have lower tolerance to toxins (Acosta et al. 2009). In
444 addition, due to their behavior (hand-to-mouth activities, touching and mouthing of various
445 dust-contaminated objects; Beamer et al. 2009) children exposure to metals might be even
446 higher (indirectly by indigestion) which could result in increased risks than here estimated.
447 Total carcinogenic risks from inhalation exposure to metals (i.e. Σ TR) exceeded in $PM_{2.5}$
448 USEPA guideline of 10^{-6} across all age categories of patients, with TR values ranging from
449 4 (children 1-3 years) to 240 (seniors) times higher than acceptable (Table 5). These results
450 indicate that inhalation exposure to metals in fine particles at the levels observed in hospital
451 might eventually lead to adverse health outcomes (i.e. lung cancer morbidity and mortality)
452 for all age groups (Valavanidis et al. 2008). Finally, as demonstrated in the Figures 3a-b, the
453 additive non- and carcinogenic risks of metals in both PM fractions (i.e. $PM_{2.5} + PM_{2.5-10}$)
454 exceeded for all age categories of patients the USEPA safe levels (THQ>1; TR> 10^{-6}).
455 Additive carcinogenic risks from long-term exposures (adults 55-64 years and seniors) were
456 of particular concern as they resulted in TR values that exceeded USEPA cumulative
457 threshold of 10^{-4} . In some cases, due to suppressed immune system, patients may be more
458 susceptible to external influences, so the respective risks for the patients can be higher than
459 here estimated. Studies have shown that hospital patients can acquire microbial
460 contaminants (bacteria, fungi and viruses) from personnel and from indoor environment
461 (Napoli et al. 2012). Although the extent to which the latter contributes towards hospital-

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
462 acquired-infection is largely unknown (Talon 1999), the environmental matrices such as air
463 and surfaces can act as reservoirs of microbial contaminants. The risks due to the biological
464 component have not been considered in this study. However, suspended particles are
465 particularly important in that regard because they can carry and transport microorganisms,
466 secondary allergens or proinflammatory compounds (Balaras et al. 2007). There is
467 increasing evidence that PM biological components play central role in biological effects.
468 When PM is inhaled, the biological components are responsible for stimulating alveolar
469 macrophages and respiratory epithelial tissue to release proinflammatory cytokines and
470 chemokines (Nemmar et al 2013). Even when hospital environment is well within the
471 recommended limits of microbiological air quality, the number of particles may be high
472 (and consequently foster the growth of microorganisms; Dascalaki et al. 2008). In order to
473 reduce bacteria, viruses and particle concentrations in hospital, proper air ventilation and its
474 maintenance are mandatory so safe and healthy air environment can be obtained. Particular
475 attention needs to be given to cleaning and prevention of microbial growth indoors (Dancer
476 2004).

36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
477 In addition when assessing human risks, metal speciation is of major importance. This
478 might be especially relevant for As and Cr that were the major contributors to TR risks of
479 the exposed populations in the hospital. Arsenic has a complex chemical structure and can
480 be found in inorganic (trivalent; and pentavalent) or organic forms. Whereas the inorganic
481 As is considered by USEPA as class 1 carcinogen, its alkylated forms can be less toxic
482 (Morais et al. 2012). In this study the content of the particulate-bound elements were
483 determined considering the total concentration (only). Concerning Cr its toxicity also
484 depends on the chemical form and subsequent bioavailability (Michalski 2009). Cr (III) are
485 compounds essential to human whereas Cr (VI) is toxic and carcinogenic. In this case study,
486 risk assessment was performed using one seventh of the determined total Cr concentration

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

487 based on the assumption 1:6 ratio of Cr (III):Cr (VI) (USEPA 2013b). Nevertheless deeper
488 insight to the chemical speciation of PM-bound metals is particularly important for future
489 health risks assessment studies of indoor air pollution.

490 Finally, it should be mentioned that there are no similar studies in the literature with
491 which the present results of exposure risks might be compared.

492

493 **4. Conclusions**

494 In this work, the risks associated with inhalation exposure to particulate-bound trace metals
495 in hospital environment were estimated. Hospital staff and patients were the considered
496 exposed groups.

497 Non-carcinogenic risks associated with inhalation exposure to PM_{2.5-10} bound metals
498 were acceptable to all age groups of hospital personnel whereas for fine fraction, total non-
499 carcinogenic risks were above the safe level for all three age categories of hospital staff.
500 Total carcinogenic risks in PM_{2.5} highly (up to 67 times) exceeded the recommended level
501 for the three age groups of hospital personnel, thus clearly showing that occupational
502 exposure to metals in fine particles poses significant risks. If the extensive working hours of
503 hospital medical staff were considered, the non- and carcinogenic risks were increased, the
504 latter exceeding the USEPA cumulative guideline of 10⁻⁴.

505 The non-carcinogenic and carcinogenic risks of adult patients were approximately
506 three times higher than for personnel. Particular concerns (THQ>1, TR>10⁻⁶) were
507 observed for children and adolescents.

508 Hospitals are important public places where indoor air quality has a significant role on
509 the potential health outcomes (both patients and employees). Even if the levels of respective
510 indoor pollutants are low, the potential risks cannot be ignored considering the long-term
511 exposures in these environments. Therefore, when assessing the health risks in hospital, the

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

512 specificity of exposure times should be considered. The non-carcinogenic and carcinogenic
513 risks estimated in this work were via inhalation route. However, exposure to metals occurs
514 also via ingestion and dermal contact and if these routes are considered the estimated risks
515 might be higher. Moreover and if possible, metals speciation should be characterized in the
516 several PM fractions.

517 **Acknowledgments**

518 This work was supported by Fundação para Ciência e Tecnologia through grants PEst–
519 C/EQB/LA0006/2011 and PEst–C/EQB/UI0511/2011, and fellowship
520 SFRH/BPD/65722/2009. The authors are would like to acknowledge Professor Maria do
521 Conceição Alvim-Ferraz from Faculdade de Engenharia da Universidade do Porto and all
522 collaborators from Centro Hospitalar de Vila Nova de Gaia.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

523 **References**

- 524 Abdel Hameed AA, Yasser IH, Khoder IM (2004) Indoor air quality during renovation
525 action: a case study. *J Environ Monitor* 6:740–744.
- 526 Acosta JA, Cano AF, Arocena JM, Debela F, Martinez-Martinez S (2009) Distribution of
527 metals in soil particle size fractions and its implication to risk assessment of playground in
528 Murcia City (Spain). *Geoderma* 149:101–109.
- 529 Almeida SM, Reis MA, Freitas MC, Pio CA (2003) Quality assurance in elemental analysis
530 of airborne particles. *Nucl Instrum Methods Phys Res Sect B-Beam Interact Mater Atoms*
531 207:434–446.
- 532 Atkinson RW, Fuller GW, Anderson HR, Harrison RM, Armstrong B (2010) Urban
533 ambient particle metrics and health. A time-series analysis. *Epidemiology* 21:501–511.
- 534 Balaras CA, Dascalaki E, Gaglia A (2007) HVAC and indoor thermal conditions in hospital
535 operating rooms. *Energy and Buildings* 39:454–470.
- 536 Banse JP (2013) IAQ, infection control in hospitals. *Consulting-Specifying Engineer*
537 50(1):28-32.
- 538 Barnett R, Barnett P (2003) “If you want to sit on your butts you’ll get nothing!”
539 Community activism in response to threats of rural hospital closure in southern New
540 Zealand. *Health Place* 9:59–71.
- 541 Beamer P, Key ME, Ferguson AC, Canales RA, Auyeung W, Leckie JO (2008) Quantified
542 activity pattern data from 6 to 27 month-old farmworker children for use in exposure
543 assessment. *Environ Res* 108:239–246.
- 544 Begonha A (2001) Meteorização do granito e deterioração da pedra em monumentos e
545 edifícios da cidade do Porto. FEUP–Edições–Colecção Monografias, Porto.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

546 Bernstein JA, Alexis N, Bacchus H, Bernstein IL, Fritz P, Horner ELN, Mason S, Nel A,
547 Oullette J, Reijula K, Reponen T, Seltzer J, Smith A, Tarlo SM (2008) The health effects of
548 nonindustrial indoor air pollution. *J Allergy Clin Immuno* 12:585–591.

549 Brown KB, Sarnat JA, Koutrakis P (2012) Concentrations of PM_{2.5} mass and components
550 in residential and non-residential indoor microenvironments: The sources and composition
551 of particulate exposures study. *J Expo Sci Environ Epidemiol* 22:161–172.

552 Brunekreef B, Beelen R, Hoek G, Schouten L, Bausch-Goldbohm S, Fischer P, Armstrong,
553 B, Hughes E, Jerrett, M, van den Brandt P (2009) Effects of long-term exposure to traffic-
554 related air pollution on respiratory and cardiovascular mortality in the Netherlands: The
555 NLCS–AIR study. *Res Rep Health Eff Inst* 139:5–71; discussion 73–89.

556 Castro D, Slezakova K, Delerue-Matos C, Alvim-Ferraz MC, Morais S, Pereira MC (2011)
557 Polycyclic aromatic hydrocarbons in gas and particulate phases of indoor environments
558 influenced by tobacco smoke: Levels, phase distributions, and health risks. *Atmos Environ*
559 45 (10):1799-1808.

560 Chattopadhyay G, Lin KC, Feitz AJ (2003) Household dust metal levels in the
561 Sydney metropolitan area. *Environ Res* 93:301–307.

562 Chen LC, Lippmann M (2009) Effects of metals within ambient air particulate matter (PM)
563 on human health. *Inhal Toxicol* 21:1–31.

564 Cole DC, Koehoorn M, Ibrahim S, Hertzman C, Ostry A, Xu F, Brown P (2009) Regions,
565 hospitals and health outcomes over time: A multi-level analysis of repeat prevalence among
566 a cohort of health-care workers. *Health Place* 15:1046-1057.

567 Dancer SJ (2004) How do we assess hospital cleaning? A proposal for microbiological
568 standards for surface hygiene in hospitals. *J Hosp Infect* 56(1):10-15..

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

569 Dascalaki EG, Lagoudi A, Balaras CA, Gaglia AG (2008) Air quality in hospital operating
570 rooms. *Building and Environment* 43(11):1945-1952.

571 Decreto Lei 79/2006 (2006) O Regulamento dos Sistemas Energéticos de Climatização em
572 Edifícios (RSECE). *Diário da Republica*, 1 série-A 67:2414–2167.

573 Directive 2004/107/EC (2005) Directive of the European Parliament and of the Council
574 relating to arsenic, cadmium, mercury, nickel and polycyclic aromatic hydrocarbons in
575 ambient air. *Official Journal of the European Union* L23:3–16.

576 Dong C, Yang L, Yan C, Yuan Q, Yu Y, Wang W (2013) Particle size distributions, PM2.5
577 concentrations and water-soluble inorganic ions in different public indoor environments: a
578 case study in Jinan, China. *Front Env Sci Eng* 7(1): 55–65.

579 Dorsey ER, Jarjoura D, Rutecki GW (2003) Influence of controllable lifestyle on recent
580 trends in specialty choice by US medical students. *JAMA* 290:1173–1178.

581 Eames I, Tang JW, Li Y, Wilson P (2009) Airborne transmission of disease in hospitals. *J R*
582 *Soc Interface* 6:S697–702.

583 Fang GC, Huang YL, Huang JH (2010) Study of atmospheric metallic elements pollution in
584 Asia during 2000-2007. *J Hazard Material* 180:115–121.

585 Fernández E, Martínez C, Fu M, Martínez-Sánchez JM, López MJ, Invernizzi G, Ouranou
586 A, Dautzenberg B, Nebot M (2009) Second-hand smoke exposure in a sample of European
587 hospitals. *Eur Respir J* 34:111–116.

588 Freitas MC, Almeida SM, Reis MA, Oliveira OR (2003) Monitoring trace elements by
589 nuclear techniques in PM10 and PM2.5. *Nucl Instrum Methods Phys Res Sect A-Accel*
590 *Spectrom Dect Assoc Equip* 505:430–434.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

591 Gent JF, Koutrakis P, Belanger K, Triche E, Holford TR, Bracken MB, Leaderer BP (2009)
592 Symptoms and medication use in children with asthma and traffic related sources of fine
593 particle pollution. *Environ Health Perspect* 117:1168–1174.

594 Greene NA, Morris VR (2006) Assessment of public health risks associated with
595 atmospheric exposure to PM_{2.5} in Washington, DC, USA *Int J Environ Res Public Health*
596 3: 86–97.

597 Habil M, Massey DD, Taneja A (2013) Exposure of children studying in schools of India to
598 PM levels and metal contamination: sources and their identification. *Air Qual Atmos Health*
599 6:575–587.

600 Hassan SKM (2012) Metal concentrations and distribution in the household, stairs and
601 entryway dust of some Egyptian homes. *Atmos Environ* 54:207-215.

602 Hoek G, Krishnan RM, Beelen R, Peters A, Ostro B, Brunekreef B, Kaufman JD (2013)
603 Long-term air pollution exposure and cardio-respiratory mortality: a review. *Environ Health*
604 12(1):43.

605 Hsu Y-C, Kung P-Y, Wu T-N, Shen Y-H (2012) Characterization of indoor-air bioaerosols
606 in Southern Taiwan. *AAQR* 12:651–661.

607 Hu X, Zhang Y, Ding Z, Wang T, Lian H, Sun Y, Wu J (2012) Bioaccessibility and health
608 risk of arsenic and heavy metals (Cd, Co, Cr, Cu, Ni, Pb, Zn and Mn) in TSP and PM_{2.5} in
609 Nanjing, China. *Atmos Environ* 57:146–152.

610 Huboyo HS, Tohno S, Cao R (2011) Indoor PM_{2.5} characteristics and CO concentration
611 related to water-based and oil-based cooking emissions using a gas stove. *AAQR* 11, 401–
612 411.

613 Hulin M, Simoni, M, Viegi G, Annesi-Maesano I (2012) Respiratory health and indoor air
614 pollutants based on quantitative exposure assessments. *Eur Respir J* 40 (4):1033-1045.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

615 IARC Working Group on the Evaluation of Carcinogenic Risks to Humans (2012) Arsenic,
616 metals, fibres, and dusts. IARC Monogr Eval Carcinog Risks Hum 100 (Pt C):11–465.

617 IARC Working Group on the Evaluation of Carcinogenic Risks to Humans (2006)
618 Inorganic and organic lead compounds. IARC Monogr Eval Carcinog Risks Hum 87:1–471.

619 Li P, Xin J, Wang Y, Wang S, Li G, Pan X, Liu Z, Wang L (2013) The acute effects of fine
620 particles on respiratory mortality and morbidity in Beijing, 2004-2009. Environ Sci Pollut
621 Res 20(9): 6433-6444.

622 Lü S, Zhang,R, Yao Z, Yi F, Ren J, Wu M, Feng M, Wang Q (2012) Size distribution of
623 chemical elements and their source apportionment in ambient coarse, fine, and ultrafine
624 particles in Shanghai urban summer atmosphere. J Environ Sci (China) 24:882–890.

625 Kebede K, Kefeni KK, Okonkwo JO (2013) Trace metals, anions and polybromodiphenyl
626 ethers in settled indoor dust and their association. Environ Sci Pollut Res 20:4895-4905.

627 Kelly FJ, Fussell JC (2012) Size, source and chemical composition as determinants of
628 toxicity attributable to ambient particulate matter. Atmos Environ 60:504–526.

629 Klepeis NE, Nelson WC, Ot WR, Robinson JP, Tsang AM, Switzer P, Behar JV, Hern SC,
630 Engelmann WH (2001) The National Human Activity Pattern Survey (NHAPS): a resource
631 for assessing exposure to environmental pollutants. J Expo Anal Environ Epidemiol
632 11:231–252.

633 Kurt-Karakus PB (2012) Determination of heavy metals in indoor dust from Istanbul,
634 Turkey: estimation of the health risk. Environ Int 50: 47–55.

635 Maynard D, Coull BA, Gryparis A, Schwartz J (2007) Mortality risk associated with short-
636 term exposure to traffic particles and sulfates. Environ Health Perspect 11:751–755.

637 Michalski R (2009) Applications of ion chromatography for the determination of inorganic
638 cations. Crit Rev Anal Chem 39(4): 230-250.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

639 Mitchell CS, Zhang JJ, Sigsgaard T, Jantunen M, Liroy PJ, Samson R, Karol MH (2007)
640 Current state of the science: health effects and indoor environmental quality. *Environ*
641 *Health Perspect* 115:958–964.
642 Minguillón MC, Schembari A, Triguero-Mas M, de Nazelle A, Dadvand P, Figueras F,
643 Salvado JA, Grimalt JO, Nieuwenhuijsen M, Querol, X (2012) Source apportionment of
644 indoor, outdoor and personal PM 2.5 exposure of pregnant women in Barcelona, Spain.
645 *Atmos Environ* 59: 426–436.
646 Morais S, Garcia e Costa F, Pereira ML (2012) Thoughts on evaluation of heavy metals. In:
647 Taylor JC (ed) *Advances in chemical research* volume 14, Nova Science Publishers, Inc.
648 Hauppauge, 273–279.
649 Nemmar A, Holme JA, Rosas I, Schwarze PE, Alfaro-Moreno E (2013) Recent advances in
650 particulate matter and nanoparticle toxicology: a review of the in vivo and in vitro studies.
651 *Biomed Res Int* 2013:279371.
652 Napoli C, Marcotrigiano V, Montagna MT (2012) Air sampling procedures to evaluate
653 microbial contamination: a comparison between active and passive methods in operating
654 theatres. *BMC Public Health* 12:594.
655 Nardini S, Cagnin R, Invernizzi G, Ruprecht A, Boffi R, Formentini S (2004) Indoor
656 particulate matter measurement as a tool in the process of the implementation of smoke-free
657 hospitals. *Monaldi Arch Chest Dis* 61:183–192.
658 Oeder S, Dietrich S, Weichenmeier I, Schober W, Pusch G, Jörres RA, Schierl R, Nowak D,
659 Fromme H, Behrendt H, Buters JT (2012) Toxicity and elemental composition of particulate
660 matter from outdoor and indoor air of elementary schools in Munich, Germany. *Indoor Air*
661 22:148–158.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

662 Okuda T, Katsuno M, Naoi D, Nakao S, Tanaka S, He K, Ma Y, Lei Y, Jia Y (2008) Trends
663 in hazardous trace metal concentrations in aerosols collected in Beijing, China from 2001 to
664 2006. *Chemosphere* 7:917–924.

665 Paoletti L, De Berardis B, Arrizza L, Granato V (2006) Influence of tobacco smoke on
666 indoor PM10 particulate matter characteristics. *Atmos Environ* 40:3269–3280.

667 Polichetti G, Cocco S, Spinali A, Trimarco V, Nunziata A (2009) Effects of particulate
668 matter (PM(10), PM(2.5) and PM(1)) on the cardiovascular system. *Toxicology* 264:1–8.

669 Sarnat JA, Marmur A, Klein, M, Kim E, Russell AG, Sarnat SE, Mulholland JA, Hopke PK,
670 Tolbert PE (2008) Fine particle sources and cardiorespiratory morbidity: an application of
671 chemical mass balance and factor analytical source-apportionment methods. *Environ Health*
672 *Perspect* 116:459–466.

673 Schwarze PE, Ovreivik J, Låg M, Refsnes M, Nafstad P, Hetland RB, Dybing E (2006)
674 Particulate matter properties and health effects: consistency of epidemiological and
675 toxicological studies. *Hum Exp Toxicol* 25(10):559-579.

676 Senlin L, Zhenkun Y, Xiaohui C, Minghong W, Guoying S, Jiamo F, Paul D (2008) The
677 relationship between physicochemical characterization and the potential toxicity of fine
678 particulates (PM2.5) in Shanghai atmosphere. *Atmos Environ* 42:7205–7214.

679 Singh DP, Gadi R, Mandal TK (2011) Characterization of particulate-bound polycyclic
680 aromatic hydrocarbons and trace metals composition of urban air in Delhi, India. *Atmos*
681 *Environ* 45:7653–7663.

682 Song F, Gao Y (2011) Size distributions of trace elements associated with ambient
683 particular matter in the affinity of a major highway in the New Jersey - New York
684 metropolitan area. *Atmos Environ* 45: 6714–6723.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

685 Slezakova K, Alvim-Ferraz MC, Pereira MC (2012) Elemental characterization of indoor
686 breathable particles at a Portuguese urban hospital. *J Toxicol Environ Health A* 75: 909–
687 919.

688 Slezakova K, Castro D, Begonha A, Delerue-Matos C, Alvim-Ferraz MC., Morais S,
689 Pereira MC (2011a) Air pollution from traffic emissions in Oporto, Portugal: Health and
690 environmental implications. *Microchem J* 99 (1):51-59.

691 Slezakova K, Pires JCM, Martins FG, Pereira MC, Alvim-Ferraz MC (2011b)
692 Identification of tobacco smoke components in indoor breathable particles by SEM-EDS.
693 *Atmos Environ* 45:863–872.

694 Slezakova K, Pereira MC, Alvim-Ferraz MC (2009) Influence of tobacco smoke on the
695 elemental composition of indoor particles of indoor sizes. *Atmos Environ* 43:486–493.

696 Slezakova K, Pereira MC, Reis MA, Alvim-Ferraz MC (2007) Influence of traffic
697 emissions on the composition of atmospheric particles of different sizes – Part 1:
698 concentrations and elemental characterization. *J Atmos Chem* 58:55–68.

699 Slezakova K, Pires JCM, Pereira MC, Martins FG, Alvim-Ferraz MC (2008) Influence of
700 traffic emissions on composition of atmospheric particles of different sizes – part 2: SEM-
701 EDS characterization. *J Atmos Chem* 60:221–236.

702 Sulaiman N, Abdullah M, Lo Lo Poh Chieu P (2005) Concentration and composition of
703 PM10 in outdoor and indoor air in industrial area of Balakong Selangor, Malaysia. *Sains*
704 *Malays* 34:43–47.

705 Sureda X, Fu M, López MJ, Martínez-Sánchez JM, Carabasa E, Saltó E, Martínez C, Nebot
706 M, Fernández E (2010) Second-hand smoke in hospitals in Catalonia (2009): a cross-
707 sectional study measuring PM2.5 and vapor-phase nicotine. *Environ Res* 110:750–755.

708 Susaya J, Kim K, Ahn J, Jung M, Kang C (2010) BBQ charcoal combustion as an important
709 source of trace metal exposure to humans. *J Hazard Mater* 176:932–937.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

710 Taner S, Pekey B, Pekey H (2013) Fine particulate matter in the indoor air of barbeque
711 restaurants: Elemental compositions, sources and health risks. *Sci Total Environ* 454-
712 455:79-87.

713 Talon D (1999) The role of the hospital environment in the epidemiology of multi-resistant
714 bacteria. *Hosp Infect* 43(1):13-17.

715 Tang JW, Noakes CJ, Nielsen PV, Settles GS (2011) Observing and quantifying airflows in
716 the infection control of aerosol and airborne-transmitted diseases: An overview of
717 approaches. *J Hosp Infect* 77:213–222.

718 United States Environmental Protection Agency (USEPA) (1989) Risk assessment guidance
719 for superfund, vol. I: Human health evaluation manual. EPA/540/1–89/002, Office of
720 Emergency and Remedial Response, Washington, DC.

721 United States Environmental Protection Agency (USEPA) (2011) Exposure factors
722 Handbook: 2011 edition. EPA/600/R–09/052F, Office for Research and Development,
723 Washington, DC.

724 United States Environmental Protection Agency (USEPA) (2013a) Risk-based
725 concentration table. <<http://www.epa.gov/reg3hwmd/risk/human/index.htm>>. Accessed 12
726 January 2013.

727 United States Environment Protection Agency (USEPA) (2013b) Users’ guide and
728 background technical document for USEPA regions 9’S preliminary remediation goal able.:
729 <<http://www.epa.gov/region9/superfund/prg/files/04usersguide.pdf> >, accessed 7 January
730 2013.

731 Valavanidis A, Fiotakis K, Vlachogianni T (2008) Airborne particulate matter and human
732 health: Toxicological assessment and importance of size and composition of particles for
733 oxidative damage and carcinogenic mechanisms. *J Environ Sci Health C Environ Carcinog*
734 *Ecotoxicol Rev* 26:339–362.

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
- 735 Verma N, Taneja A (2011) Particulate matter exposure in hospitals of urban city located in
736 northern central India. *Indian J Environ Protec* 31:627–634.
- 737 Vieira C, Morais S, Ramos S, Delerue–Matos C, Oliveira MBPP (2011) Mercury, cadmium,
738 lead and arsenic levels in three pelagic fish species from the Atlantic Ocean: Intra– and
739 inter–specific variability and human health risks for consumption. *Food Chem Toxicol*
740 49:923–932.
- 741 Wan G-H, Chung F-F, Tang C-S (2011) Long-term surveillance of air quality in medical
742 center operating rooms. *Am J Infect Control* 39:302–308.
- 743 Wang X, Bi X, Sheng G, Fu J (2006a) Hospital indoor PM10/PM2.5 and associated trace
744 elements in Guangzhou, China. *Sci Total Environ* 366:124–135.
- 745 Wang X, Bi X, Chen D, Sheng G, Fu J (2006b) Hospital indoor respirable particles and
746 carbonaceous composition. *Build Environ* 41:992–1000.
- 747 Wang Y-T, Chiu J-C, Hsu Y-C, Wu T-N, Shen Y-H, Wen S-B (2011) Investigation on
748 indoor air quality of public sites in Tainan area. *Adv Mat Res* 255-260:1413-1417.
- 749 World Health Organization (WHO) (2006) Air quality guidelines, global update 2005.
750 World Health Organization, Geneva.
- 751 World Health Organization (WHO) (2007) Health risks of heavy metals from long-range
752 transboundary air pollution. WHO Regional Office for Europe, Copenhagen.
- 753 World Health Organization (WHO) (2000) WHO Air quality guidelines for Europe, 2nd
754 edition. WHO Regional Publications, European Series No. 91, Denmark.
- 755 World Health Organization (WHO) (2010) WHO guidelines for indoor air quality: selected
756 pollutants. WHO Regional Office for Europe, Copenhagen.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

757 Yurtseven E, Erdogan MS, Ulus T, Sahin UA, Onat B, Erginoz E, Vehid S, Koksall S (2012)
758 An assessment of indoor PM2.5 concentrations at a medical faculty in Istanbul, Turkey.
759 Environ Protect Eng 38:115–127.
760

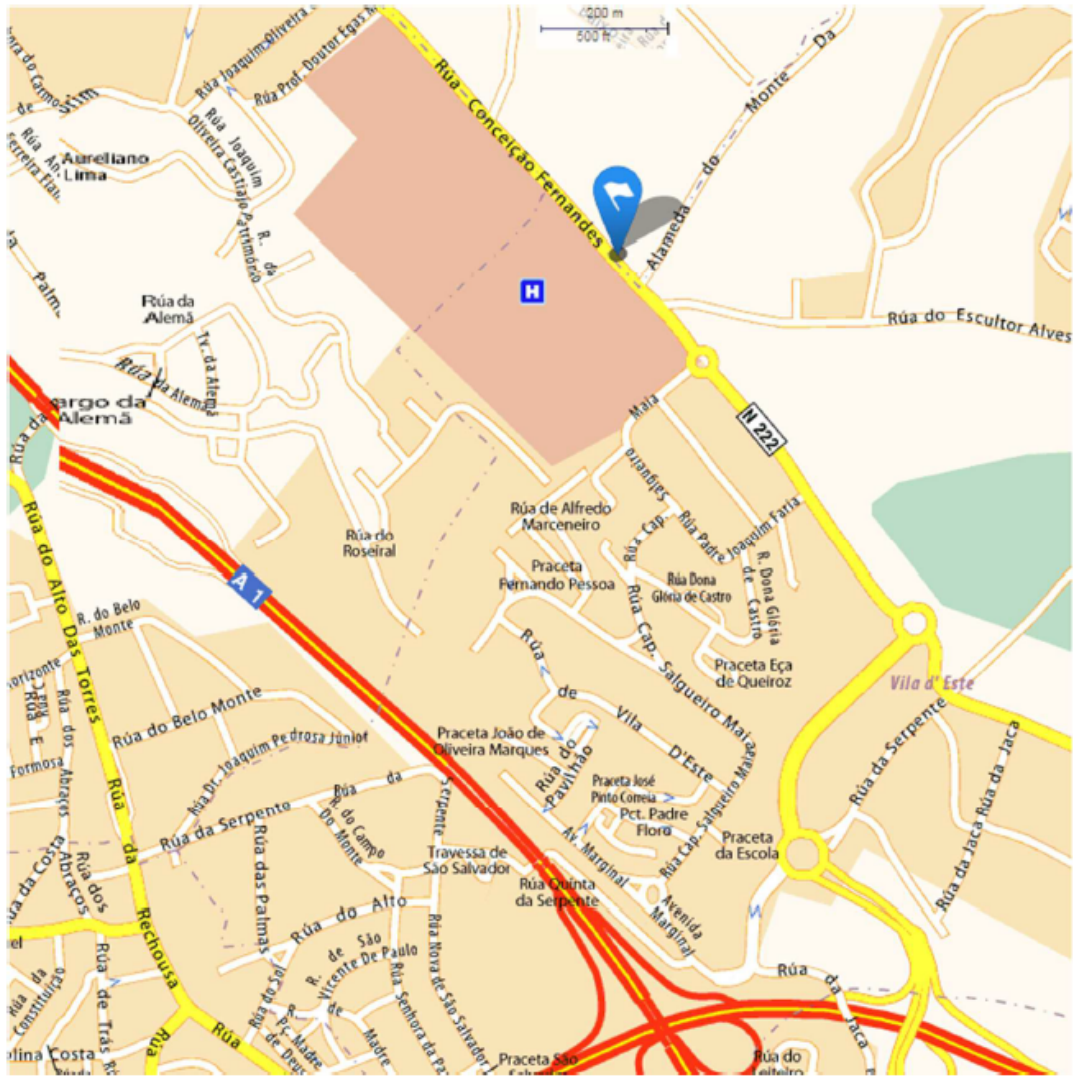
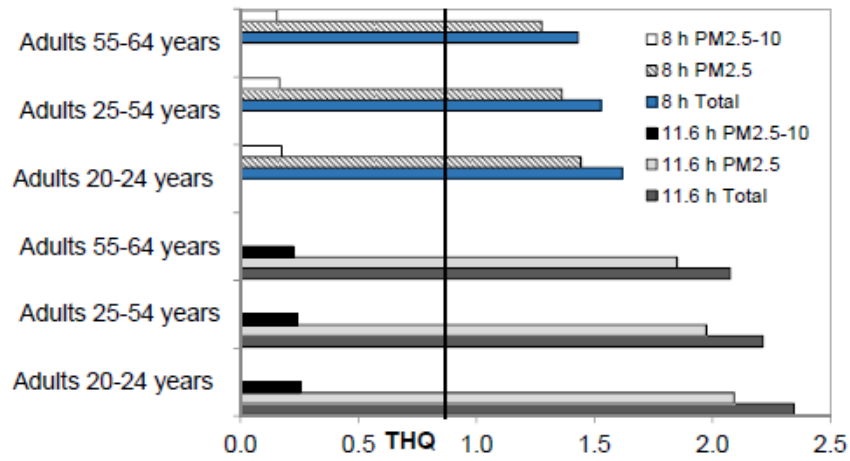


Fig. 1 Location of the studied hospital.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

(a)



(b)

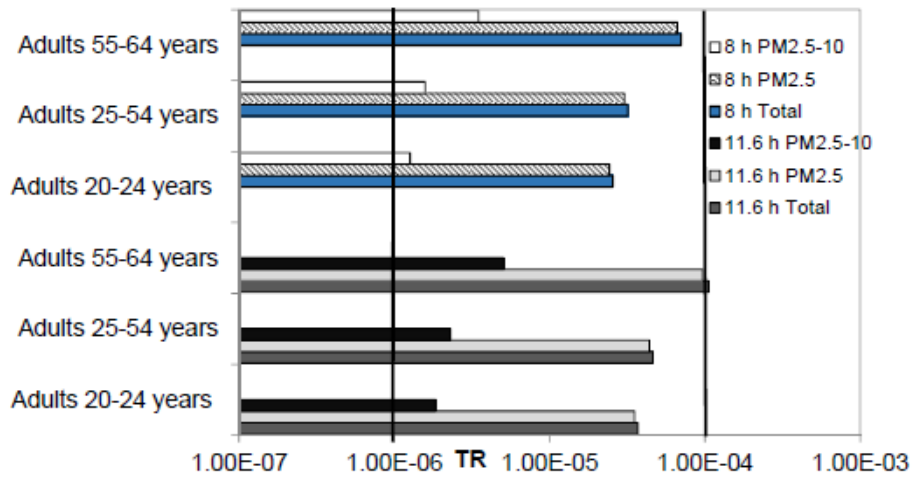


Fig. 2 Risks from inhalation exposure to particulate-bound metals for three age groups of hospital personnel (exposure time (ET) of 8 and 11.6 h per day): a) non carcinogenic; and b) carcinogenic. THQ and TR values are estimated as sum of individual non- and carcinogenic risk values of ten and four elements, respectively, in $PM_{2.5}$, $PM_{2.5-10}$ and in total PM (i.e. $PM_{2.5} + PM_{2.5-10}$). Horizontal black lines indicate USEPA health-based guideline levels (THQ =1; and TR of 10^{-6} and 10^{-4}).

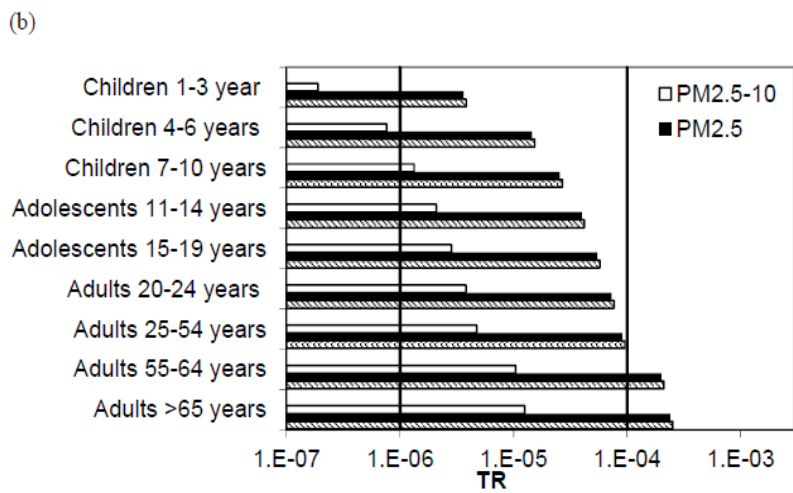
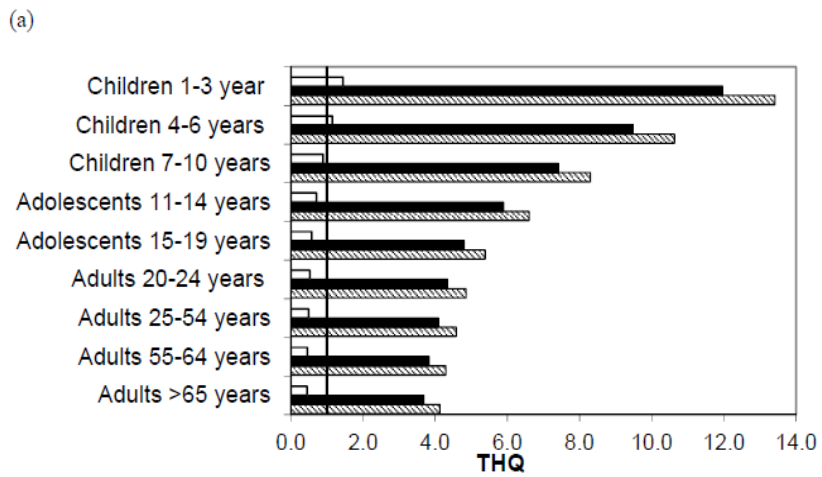


Fig. 3 Risks from inhalation exposure to particulate bound metals for nine age categories of patients (ET of 24 h per day): a) non-carcinogenic; and b) carcinogenic. The TR and THQ values represent, respectively, sum of individual risks of ten and four elements in PM_{2.5}, PM_{2.5-10}, and in total PM (i.e. PM_{2.5} + PM_{2.5-10}). Horizontal black lines represent USEPA health-based guideline levels (THQ=1, and TR of 10⁻⁶ and 10⁻⁴).

Table 1

RfD values of ten elements

Metal	RfC (mg m^{-3})	RfD ($\text{mg kg}^{-1}\text{day}^{-1}$)
Al	5.00×10^{-3}	1.43×10^{-3}
Si	3.00×10^{-3}	8.57×10^{-4}
Cl	1.50×10^{-4}	4.29×10^{-5}
Mn	5.00×10^{-5}	1.43×10^{-5}
Se	2.00×10^{-2}	5.71×10^{-3}
Ba	5.00×10^{-4}	1.43×10^{-4}
Cr	1.00×10^{-4}	2.86×10^{-5}
Ni	5.00×10^{-5}	1.43×10^{-5}
As	1.50×10^{-5}	4.29×10^{-6}
Cd	2.00×10^{-5}	5.71×10^{-6}

Table 2Comparison of PM_{2.5} and PM₁₀ in hospitals: summary of existing studies

Country	Fraction	Mean (Min – Max) ($\mu\text{g m}^{-3}$)	Study organization	Sampling protocol	Reference
Portugal	PM ₁₀	31 (13 – 59)	1 hospital	24-h PM mass samples; collected during 28 days; constant flow (38.6 L min ⁻¹);	(this study)
	PM _{2.5}	23 (11 – 42)			
	PM _{2.5-10}	7.4 (2.5 – 22)			
Taiwan	PM ₁₀	n.r. (22 – 90)	8 hospitals; IAQ study of 39 public places;	2-min (phase 1) and 24-h (phase 2) PM collection; β -ray decay method;	Hsu et al. 2012
	PM _{2.5}	n.r. (5 – 35)			
Taiwan	PM ₁₀	n.r. (0.8–55.6) transplantation room: 10.7 (1.3 – 37.8) trauma room: 5.6 (3.2 – 55.6) cardiovascular surgery room: 3.0 (0.8 – 7.8) colon surgery room: 10.0 (1.6 – 49.1) orthopaedic surgery room: 12.6 (3.3 – 31.2)	1 hospital; various operating rooms;	PM mass concentrations during 60 minutes; weakly sampling for 8 consecutive months; light-scattering aerosol analyzer; constant flow (1.2 L min ⁻¹);	Wan et al. 2011
	PM ₂	n.r. (0.1 – 8.4) transplantation room: 0.9 (0.2 – 3.1) trauma room: 1.1 (0.5 – 8.4) cardiovascular room: 0.3 (0.1 – 0.7) colon surgery room: 0.8 (0.3 – 2.6) orthopaedic room: 0.9 (0.4 – 7.5)			
Taiwan	PM ₁₀ PM _{2.5}	n.r. (n.r.) n.r. (n.r.)	6 hospitals; IAQ study of 21 public places	walk-through 2-min samples and during 24-h; β -ray decay method;	Wang et al. 2011
China	PM ₁₀ PM _{2.5}	128.13 (61.67– 250.00) 99.06 (40.94 – 214.91)	4 hospitals	24-h PM mass samples collected during total of 32 days; low flow samples (5 L min ⁻¹);	Wang et al. 2006a, 2006b
India	PM ₁₀ PM _{2.5}	136.36 – 316.11 (73.38 – 441.79) 67.28 – 95.70 (39.55 – 146.25)	5 hospitals	1-2 h continuous PM concentration measurements; light-scattering aerosol analyzer; constant flow (1.2 L min ⁻¹);	Verma and Taneja 2011
Turkey	PM _{2.5}	geriatrics: 18.1±4.5 (8.9 – 23.1) nephrology: 23.4±3.3 (16.4 – 31.4) cardiology: 37.9±13.3 (18.3 58.5)	assessment of 1 medical faculty including its hospital	8-h continuous PM concentration measurements during total of 26 workdays; light scattering sensing	Yurtseven et al. 2012

			and some clinics;	monitor; logging interval 15 s; constant flow rate;	
USA		n.r. (~ 2 – 8) ^c	residential and non-residential indoor micro-environments; 1 hospital;	7 consecutive days in 2 seasons; 24-h PM mass samples and continuous PM concentrations measurements;	Brown et al. 2012
Italy	PM _{2.5}	operating room: 1.6 ± 0.9 (n.r.) waiting room: 12.9±1.1 (n.r.) medical office: 14.8 ± 2.2 (n.r.)	2 hospitals; PM _{2.5} assessed as marker for ETS ^b	10-h continuous concentration measurements in various hospital areas; laser-operated aerosol mass analyzer; logging interval 2 min;	Nardini et al. 2012
Spain	PM _{2.5}	17.94 (n.r.) dressing rooms: 8.92 (n.r.) fire escapes: 34.43 (n.r.) emergency department room: 16.11 (n.r.) hall: 18.90 (n.r.) general medicine : 12.46 (n.r.) cafeteria: 17.59 (n.r.) main entrance: 19.26 (n.r.) smoking area: 27.32 (n.r.)	53 hospitals; PM _{2.5} assessed as marker for ETS; sample collection for 15 minutes;	15 min PM _{2.5} concentration samples at each location; light scattering aerosol monitor; constant flow (1.7 L min ⁻¹);	Sureda et al. 2010
Austria	PM _{2.5}	3.00 ^a (n.r.)	30 hospitals in 7	2-min PM mass concentrations at	Fernandéz et al.
Belgium	PM _{2.5}	3.0 ^a (n.r.)	European countries;	each sub-location; all hospitals	2009
France	PM _{2.5}	3.5 ^a (n.r.)	PM _{2.5} assessed as marker for ETS;	sampled within 1-2 weeks; light	
Germany	PM _{2.5}	1.5 ^a (n.r.)	8 observed sub-	scattering sensing monitor;	
Greece	PM _{2.5}	4.0 ^a (n.r.)	locations: hall/main		
Romania	PM _{2.5}	10.0 ^a (n.r.)	entrance, emergency		
Spain	PM _{2.5}	5.0 ^a (n.r.)	department waiting room, internal medicine hospitalization unit, cafeteria, fire escape, general surgery, smoking areas (when existent), and other places		

n.r. – not reported

IAQ- Indoor air quality

^a – median (means not reported)

^b – environmental tobacco smoke (ETS)

^c concentration range retrieved from plot once precise figures are not given

Table 3Mean concentrations of eleven studied elements in PM_{2.5} and PM_{2.5-10} at hospital(ng m⁻³)

	PM _{2.5}		PM _{2.5-10}	
	mean	range	mean	range
Al	98.8	46.1 – 144	48.7	5.22 – 244
Si	145	62.2 – 204	175	65.1 – 526
Cl	406	177 – 591	104	28.0 – 279
Mn	2.73	0.49 – 5.78	0.777	0.06 – 3.53
Se	0.762	0.58 – 0.89	0.139	0.12 – 0.42
Ba	9.00	4.26 – 18.4	16.1	2.61 – 55.4
Cr	2.14	0.85 – 4.81	0.625	0.10 – 2.07
Ni	3.02	0.77 – 7.74	0.506	0.07 – 1.96
Cd	n.d. ^b	–	n.d.	–
As	80.3	39.8 – 140	2.72	0.27 – 99.5
Pb	11.3	3.65 – 20.3	0.703	0.39 – 8.75
ΣE₁₁	759	271 – 1030	349	134 – 793
ΣE_{total}^a	2890	1050 – 4510	1390	463 – 4070

^aTotal elemental concentration (i.e. represents sum of 21 elements); Slezakova et al. 2012

^bn.d. – not detected

Table 4

Risk assessment by target hazard quotients (THQ)

Target hazard quotient for hospital staff (ET 8 h)										
	PM _{2.5}									
	Al	Si	Cl	Mn	Se	Ba	Cr	Ni	As	Σ _{THQ}
Adults	3.45×10 ⁻³	8.45×10 ⁻³	4.73×10 ⁻¹	9.52×10 ⁻³	6.65×10 ⁻⁶	3.15×10 ⁻³	5.34×10 ⁻⁴	1.05×10 ⁻²	9.35×10 ⁻¹	1.44
20–24 years	(1.61–5.03×10 ⁻³)	(0.36–1.19×10 ⁻²)	(2.06–6.88×10 ⁻¹)	(1.71–20.2×10 ⁻³)	(5.07–7.77×10 ⁻⁶)	(1.49–6.43×10 ⁻³)	(2.13–12.0×10 ⁻⁴)	(0.27–2.70×10 ⁻²)	(4.63–16.3×10 ⁻¹)	(0.68–2.39)
Adults	3.26×10 ⁻³	7.98×10 ⁻³	4.46×10 ⁻¹	8.99×10 ⁻³	6.28×10 ⁻⁶	2.97×10 ⁻³	5.04×10 ⁻⁴	9.95×10 ⁻³	8.82×10 ⁻¹	1.36
25–54 years	(1.52–4.75×10 ⁻³)	(0.34–1.12×10 ⁻²)	(1.95–6.50×10 ⁻¹)	(1.62–19.1×10 ⁻³)	(4.87–7.34×10 ⁻⁶)	1.40–6.07×10 ⁻³	(2.01–11.3×10 ⁻⁴)	(2.54–25.5×10 ⁻³)	(4.3–15.4×10 ⁻¹)	(0.64–2.26)
Adults	3.05×10 ⁻³	7.48×10 ⁻³	4.18×10 ⁻¹	8.42×10 ⁻³	5.88×10 ⁻⁶	2.78×10 ⁻³	4.73×10 ⁻⁴	9.33×10 ⁻³	8.27×10 ⁻¹	1.28
55–64 year	(1.42–4.45×10 ⁻³)	(0.32–1.05×10 ⁻²)	(1.82–6.09×10 ⁻¹)	(01.51–17.9×10 ⁻³)	(4.48–6.88×10 ⁻⁶)	(1.32–5.69×10 ⁻³)	(1.88–10.6×10 ⁻⁴)	(2.38–23.9×10 ⁻³)	(4.10–14.4×10 ⁻¹)	(0.60–2.11)
	PM _{2.5-10}									
	Al	Si	Cl	Mn	Se	Ba	Cr	Ni	As	Σ _{THQ}
Adults	1.70×10 ⁻³	1.02×10 ⁻²	1.21×10 ⁻¹	2.72×10 ⁻³	1.21×10 ⁻⁶	5.62×10 ⁻³	1.56×10 ⁻⁴	1.77×10 ⁻³	3.17×10 ⁻²	0.175
20–24 years	(0.18–8.52×10 ⁻³)	(0.38–3.06×10 ⁻²)	(0.33–3.25×10 ⁻¹)	(0.21–12.3×10 ⁻³)	(1.05–3.67×10 ⁻⁶)	(0.91–19.4×10 ⁻³)	(0.25–5.17×10 ⁻⁴)	(0.25–6.85×10 ⁻³)	(0.31–116×10 ⁻²)	(4.11×10 ⁻² –1.56)
Adults	1.60×10 ⁻³	9.61×10 ⁻³	1.14×10 ⁻¹	2.56×10 ⁻³	1.15×10 ⁻⁶	5.30×10 ⁻³	1.47×10 ⁻⁴	1.67×10 ⁻³	2.99×10 ⁻²	0.165
25–54 years	(0.17–8.05×10 ⁻³)	(3.58–28.9×10 ⁻³)	(0.31–3.07×10 ⁻¹)	(0.20–11.6×10 ⁻³)	(0.99–3.46×10 ⁻⁶)	(0.86–18.3×10 ⁻³)	(0.24–4.88×10 ⁻⁴)	(0.23–6.46×10 ⁻³)	(0.30–109×10 ⁻²)	(3.88×10 ⁻² –1.47)
Adults	1.50×10 ⁻³	9.01×10 ⁻³	1.07×10 ⁻¹	2.40×10 ⁻³	1.07×10 ⁻⁶	4.97×10 ⁻³	1.38×10 ⁻⁴	1.56×10 ⁻³	2.80×10 ⁻²	0.155
55–64 year	(0.16–7.54×10 ⁻³)	(3.35–27.1×10 ⁻³)	(0.29–2.87×10 ⁻¹)	(0.19–10.9×10 ⁻³)	(0.93–3.24×10 ⁻⁶)	(0.81–17.1×10 ⁻³)	(0.21–4.57×10 ⁻⁴)	(0.22–6.06×10 ⁻³)	(0.28–103×10 ⁻²)	(3.64×10 ⁻² –1.38)
Target hazard quotient for patients (ET 24 h)										
	PM _{2.5}									
	Al	Si	Cl	Mn	Se	Ba	Cr	Ni	As	Σ _{THQ}
Children	2.86×10 ⁻²	7.01×10 ⁻²	3.92	7.89×10 ⁻²	5.51×10 ⁻⁵	2.61×10 ⁻²	4.43×10 ⁻³	8.74×10 ⁻²	7.75	12.0
1–3 years	(1.34–4.17×10 ⁻²)	(3.00–9.85×10 ⁻²)	(1.71–5.71)	(01.42–16.7×10 ⁻²)	(4.20–6.44×10 ⁻⁵)	(1.23–5.33×10 ⁻²)	(1.77–9.95×10 ⁻³)	(2.23–22.4×10 ⁻²)	(3.48–13.5)	(5.64–19.8)
Children	2.27×10 ⁻²	5.55×10 ⁻²	3.10	6.25×10 ⁻²	4.37×10 ⁻⁵	2.07×10 ⁻²	3.51×10 ⁻³	6.92×10 ⁻²	6.14	9.48
4–6 years	(1.06–3.30×10 ⁻²)	(2.38–7.80×10 ⁻²)	(1.35–4.52)	(1.12–11.3×10 ⁻²)	(3.3–5.11×10 ⁻⁵)	(0.98–4.22×10 ⁻²)	(1.40–7.88×10 ⁻³)	(1.77–17.8×10 ⁻²)	(3.04–10.7)	(14.47–15.7)
Children	1.77×10 ⁻²	4.34×10 ⁻²	2.42	4.88×10 ⁻²	3.41×10 ⁻⁵	1.61×10 ⁻²	2.74×10 ⁻³	5.41×10 ⁻²	4.79	7.40
7–10 years	(0.83–2.58×10 ⁻²)	(1.86–6.09×10 ⁻²)	(1.06–3.53)	(0.88–10.4×10 ⁻²)	(2.60–3.99×10 ⁻⁵)	(0.77–3.30×10 ⁻²)	(1.09–6.16×10 ⁻³)	(1.38–13.9×10 ⁻²)	(2.38–8.36)	(3.49–12.3)
Adolescents	1.41×10 ⁻²	3.45×10 ⁻²	1.93	3.89×10 ⁻²	2.72×10 ⁻⁵	1.28×10 ⁻²	2.18×10 ⁻³	4.30×10 ⁻²	3.82	5.89
11–14 years	(0.66–2.05×10 ⁻²)	(1.48–4.85×10 ⁻²)	(0.84–2.81)	(0.70–8.24×10 ⁻²)	(2.07–3.17×10 ⁻⁵)	(0.61–2.62×10 ⁻²)	(0.89–4.90×10 ⁻³)	(1.10–11.0×10 ⁻²)	(1.89–6.66)	(2.78–9.76)
Adolescents	1.15×10 ⁻²	2.81×10 ⁻²	1.57	3.17×10 ⁻²	2.21×10 ⁻⁵	1.05×10 ⁻²	1.78×10 ⁻³	3.51×10 ⁻²	3.11	4.80

15–19 years	(0.54–1.67×10 ⁻²)	(1.21–3.95×10 ⁻²)	(0.69–2.29)	(0.57–6.72×10 ⁻²)	(1.69–2.59×10 ⁻⁵)	(4.95–2.14×10 ⁻²)	(0.71–4.00×10 ⁻³)	(0.90–9.00×10 ⁻²)	(1.54–5.43)	(2.27–7.96)
Adults	1.04×10 ⁻²	2.54×10 ⁻²	1.42	2.86×10 ⁻²	2.00×10 ⁻⁵	9.44×10 ⁻³	1.60×10 ⁻³	3.16×10 ⁻²	2.80	4.33
20–24 years	(0.48–1.51×10 ⁻²)	(1.09–3.56×10 ⁻²)	(0.62–2.06)	(0.51–6.06×10 ⁻²)	(1.52–2.33×10 ⁻⁵)	(4.47–19.3×10 ⁻³)	(0.64–3.60×10 ⁻³)	(0.81–8.11×10 ⁻²)	(1.39–4.89)	(2.04–7.17)
Adults	9.77×10 ⁻³	2.39×10 ⁻²	1.34	2.70×10 ⁻²	1.88×10 ⁻⁵	8.91×10 ⁻³	1.51×10 ⁻³	2.99×10 ⁻²	2.65	4.09
25–54 years	(4.56–14.2×10 ⁻³)	(1.03–3.36×10 ⁻²)	(0.58–1.95)	(0.49–5.72×10 ⁻²)	(1.43–2.20×10 ⁻⁵)	(4.21–18.2×10 ⁻³)	(0.60–3.40×10 ⁻³)	(0.76–7.66×10 ⁻²)	(1.31–4.62)	(1.93–6.77)
Adults	9.16×10 ⁻³	2.24×10 ⁻²	1.25	2.53×10 ⁻²	1.77×10 ⁻⁵	8.35×10 ⁻³	1.42×10 ⁻³	2.80×10 ⁻²	2.48	3.83
55–64 year	(4.27–13.4×10 ⁻³)	(0.96–3.15×10 ⁻²)	(0.55–1.83)	(0.45–5.36×10 ⁻²)	(1.34–2.06×10 ⁻⁵)	(3.95–17.1×10 ⁻³)	(5.65–3.19×10 ⁻³)	(0.71–0.72×10 ⁻²)	(1.23–4.33)	(1.81–6.34)
Seniors	8.80×10 ⁻³	2.16×10 ⁻²	1.21	2.43×10 ⁻²	1.70×10 ⁻⁵	8.02×10 ⁻³	1.36×10 ⁻³	2.69×10 ⁻²	2.38	3.68
>65 years	(4.11–12.8×10 ⁻³)	(0.92–3.03×10 ⁻²)	(0.53–1.76)	(0.44–5.15×10 ⁻²)	(1.29–1.98×10 ⁻⁵)	(3.83–16.4×10 ⁻³)	(5.43–3.06×10 ⁻³)	(0.69–6.91×10 ⁻²)	(1.18–4.16)	(1.74–6.10)

PM_{2.5-10}

	Al	Si	Cl	Mn	Se	Ba	Cr	Ni	As	Σ _{THQ}
Children	1.41×10 ⁻²	8.44×10 ⁻²	10.1	2.25×10 ⁻²	1.01×10 ⁻⁵	4.66×10 ⁻²	1.29×10 ⁻³	1.47×10 ⁻²	2.63×10 ⁻¹	1.45
1–3 years	(0.15–7.07×10 ⁻²)	(3.14–25.4×10 ⁻²)	(0.27–26.9)	(0.17–10.2×10 ⁻²)	(0.87–3.04×10 ⁻⁵)	(0.76–16.0×10 ⁻²)	(0.21–4.28×10 ⁻³)	(0.20–5.68×10 ⁻²)	(0.26–96.1×10 ⁻¹)	(2.70×10 ⁻¹ –12.9)
Children	1.12×10 ⁻²	6.69×10 ⁻²	7.95×10 ⁻¹	1.78×10 ⁻²	7.97×10 ⁻⁶	3.69×10 ⁻²	1.02×10 ⁻³	1.16×10 ⁻²	2.08×10 ⁻¹	1.15
4–6 years	(0.12–5.60×10 ⁻²)	(2.49–20.1×10 ⁻²)	(2.14–21.3×10 ⁻¹)	(0.14–8.10×10 ⁻²)	(6.88–24.1×10 ⁻⁶)	(0.60–12.7×10 ⁻²)	(0.16–3.39×10 ⁻³)	(0.16–4.50×10 ⁻²)	(0.21–76.1×10 ⁻¹)	(2.70×10 ⁻¹ –10.3)
Children	8.72×10 ⁻³	5.22×10 ⁻²	6.21×10 ⁻¹	1.39×10 ⁻²	6.23×10 ⁻⁶	2.88×10 ⁻²	8.00×10 ⁻⁴	9.07×10 ⁻³	1.63×10 ⁻¹	8.97×10 ⁻¹
7–10 years	(0.94–4.37×10 ⁻³)	(1.94–15.7×10 ⁻²)	(1.67–16.7×10 ⁻¹)	(0.11–6.33×10 ⁻²)	(5.38–18.8×10 ⁻⁶)	(0.47–9.93×10 ⁻²)	(1.28–26.5×10 ⁻⁴)	(0.13–35.1×10 ⁻³)	(0.16–59.4×10 ⁻¹)	(2.11–80.1×10 ⁻¹)
Adolescents	6.94×10 ⁻³	4.16×10 ⁻²	4.94×10 ⁻¹	11.1×10 ⁻³	4.95×10 ⁻⁶	2.29×10 ⁻²	6.37×10 ⁻⁴	7.22×10 ⁻³	1.29×10 ⁻¹	7.14×10 ⁻¹
11–14 years	(0.74–34.8×10 ⁻³)	(1.55–12.5×10 ⁻²)	(1.33–13.4×10 ⁻¹)	(0.87–50.3×10 ⁻³)	(4.28–15.0×10 ⁻⁶)	(0.37–7.90×10 ⁻²)	(1.02–21.1×10 ⁻⁴)	(1.02–28.0×10 ⁻³)	(0.13–47.3×10 ⁻¹)	(1.68–63.8×10 ⁻¹)
Adolescents	5.66×10 ⁻³	3.39×10 ⁻²	4.03×10 ⁻¹	9.04×10 ⁻³	4.04×10 ⁻⁶	1.87×10 ⁻²	5.19×10 ⁻⁴	5.89×10 ⁻³	1.06×10 ⁻¹	5.82×10 ⁻¹
15–19 years	(0.61–28.4×10 ⁻³)	(1.26–10.2×10 ⁻²)	(1.09–10.8×10 ⁻¹)	(0.70–41.0×10 ⁻³)	(3.49–12.2×10 ⁻⁶)	(0.30–6.44×10 ⁻²)	(0.83–17.2×10 ⁻⁴)	(0.81–22.8×10 ⁻³)	(0.11–38.6×10 ⁻¹)	(1.37–52.0×10 ⁻¹)
Adults	5.10×10 ⁻³	3.06×10 ⁻²	3.63×10 ⁻¹	8.15×10 ⁻³	3.64×10 ⁻⁶	1.69×10 ⁻²	4.68×10 ⁻⁴	5.31×10 ⁻³	9.51×10 ⁻²	5.25×10 ⁻¹
20–24 years	(0.55–25.6×10 ⁻³)	(1.14–9.19×10 ⁻²)	(0.98–9.75×10 ⁻¹)	(0.63–37.0×10 ⁻³)	(3.14–11.0×10 ⁻⁶)	(0.27–5.81×10 ⁻²)	(0.75–15.5×10 ⁻⁴)	(0.73–20.5×10 ⁻³)	(0.94–348×10 ⁻²)	(1.23–×46.910 ⁻¹)
Adults	4.81×10 ⁻³	2.88×10 ⁻²	3.43×10 ⁻¹	7.69×10 ⁻³	3.44×10 ⁻⁶	1.59×10 ⁻²	4.42×10 ⁻⁴	5.01×10 ⁻³	8.98×10 ⁻²	4.95×10 ⁻¹
25–54 years	(0.52–24.1×10 ⁻³)	(1.07–8.67×10 ⁻²)	(0.92–9.23×10 ⁻¹)	(0.59–34.9×10 ⁻³)	(2.97–10.4×10 ⁻⁶)	(0.26–5.48×10 ⁻²)	(0.71–14.6×10 ⁻⁴)	(0.69–19.4×10 ⁻³)	(0.89–328×10 ⁻²)	(1.16–44.2×10 ⁻¹)
Adults	4.51×10 ⁻³	2.70×10 ⁻²	3.21×10 ⁻¹	7.21×10 ⁻³	3.22×10 ⁻⁶	1.49×10 ⁻²	4.14×10 ⁻⁴	4.49×10 ⁻³	8.41×10 ⁻²	4.64×10 ⁻¹
55–64 year	(0.48–22.6×10 ⁻³)	(1.01–8.13×10 ⁻²)	(0.87–8.62×10 ⁻¹)	(0.56–32.7×10 ⁻³)	(2.78–9.73×10 ⁻⁶)	(0.24–5.14×10 ⁻²)	(0.66–13.7×10 ⁻⁴)	(0.65–18.2×10 ⁻³)	(0.83–308×10 ⁻²)	(1.09–41.4×10 ⁻¹)
Seniors	4.34×10 ⁻³	2.60×10 ⁻²	3.09×10 ⁻¹	6.96×10 ⁻³	3.10×10 ⁻⁶	1.43×10 ⁻²	3.98×10 ⁻⁴	4.51×10 ⁻³	8.09×10 ⁻²	4.46×10 ⁻¹
>65 years	(0.47–21.7×10 ⁻³)	(0.97–7.81×10 ⁻²)	(0.83–8.29×10 ⁻¹)	(0.54–31.5×10 ⁻³)	(0.89–9.36×10 ⁻⁶)	(0.23–4.94×10 ⁻²)	(0.64–13.2×10 ⁻⁴)	(0.62–17.2×10 ⁻³)	(0.80–296×10 ⁻²)	1.05–39.8×10 ⁻¹)

Table 5Estimated target carcinogenic risks (TR) of PM-bound carcinogenic elements and PM_{2.5}

Age group	Target carcinogenic risk for hospital staff (ET = 8 h)					
	PM _{2.5} -bound carcinogenic elements					PM _{2.5}
	Cr	Ni	As	Pb	Σ _{TR}	
Adults 20–24 years	1.68×10^{-6} ($0.67\text{--}3.76 \times 10^{-6}$)	9.45×10^{-8} ($2.41\text{--}24.2 \times 10^{-8}$)	2.25×10^{-5} ($1.12\text{--}3.92 \times 10^{-5}$)	8.87×10^{-9} ($2.86\text{--}15.9 \times 10^{-9}$)	2.43×10^{-5} ($1.19\text{--}4.33 \times 10^{-5}$)	1.22×10^{-2} ($0.58\text{--}2.19 \times 10^{-2}$)
Adults 25–54 years	2.09×10^{-6} ($0.84\text{--}4.70 \times 10^{-6}$)	1.18×10^{-7} ($0.30\text{--}3.03 \times 10^{-7}$)	2.81×10^{-5} ($1.40\text{--}4.90 \times 10^{-5}$)	1.11×10^{-8} ($0.36\text{--}1.99 \times 10^{-8}$)	3.04×10^{-5} ($1.48\text{--}5.41 \times 10^{-5}$)	1.53×10^{-2} ($0.72\text{--}2.74 \times 10^{-2}$)
Adults 55–64 year	4.61×10^{-6} ($1.84\text{--}10.3 \times 10^{-6}$)	2.60×10^{-7} ($0.66\text{--}6.66 \times 10^{-7}$)	6.19×10^{-5} ($3.07\text{--}10.8 \times 10^{-5}$)	2.44×10^{-8} ($0.79\text{--}4.37 \times 10^{-8}$)	6.68×10^{-5} ($3.26\text{--}11.9 \times 10^{-5}$)	3.36×10^{-2} ($1.58\text{--}6.03 \times 10^{-2}$)
	PM _{2.5-10} -bound carcinogenic elements					
	Cr	Ni	As	Pb	Σ _{TR}	
Adults 20–24 years	4.89×10^{-7} ($0.78\text{--}16.2 \times 10^{-7}$)	1.58×10^{-8} ($0.22\text{--}6.14 \times 10^{-8}$)	7.64×10^{-7} ($0.76\text{--}279 \times 10^{-7}$)	5.50×10^{-10} ($3.05\text{--}68.5 \times 10^{-10}$)	1.27×10^{-6} ($0.16\text{--}29.6 \times 10^{-6}$)	
Adults 25–54 years	6.11×10^{-7} ($0.98\text{--}20.3 \times 10^{-7}$)	1.98×10^{-8} ($0.27\text{--}7.67 \times 10^{-8}$)	9.55×10^{-7} ($0.95\text{--}349 \times 10^{-7}$)	6.88×10^{-10} ($3.82\text{--}85.6 \times 10^{-10}$)	1.59×10^{-6} ($0.2\text{--}37.0 \times 10^{-6}$)	
Adults 55–64 year	1.35×10^{-6} ($0.22\text{--}4.46 \times 10^{-6}$)	4.36×10^{-8} ($0.60\text{--}16.9 \times 10^{-8}$)	2.10×10^{-6} ($0.21\text{--}76.8 \times 10^{-6}$)	1.51×10^{-9} ($0.84\text{--}18.8 \times 10^{-9}$) ¹	3.49×10^{-6} ($0.43\text{--}81.4 \times 10^{-6}$)	
Age group	Target carcinogenic risk for patients (ET = 24 h)					
	PM _{2.5} -bound carcinogenic elements					PM _{2.5}
	Cr	Ni	As	Pb	Σ _{TR}	
Children 1–3 years	2.51×10^{-8} ($1.01\text{--}5.64 \times 10^{-7}$)	1.42×10^{-8} ($0.36\text{--}3.63 \times 10^{-8}$)	3.38×10^{-6} ($1.67\text{--}5.88 \times 10^{-6}$)	1.33×10^{-9} ($0.43\text{--}2.39 \times 10^{-10}$)	3.64×10^{-6} ($1.78\text{--}6.49 \times 10^{-6}$)	1.83×10^{-3} ($0.86\text{--}3.29 \times 10^{-3}$)
Children 4–6 years	1.01×10^{-6} ($0.40\text{--}2.26 \times 10^{-6}$)	5.67×10^{-8} ($1.45\text{--}14.5 \times 10^{-8}$)	1.35×10^{-5} ($0.67\text{--}2.35 \times 10^{-5}$)	5.32×10^{-9} ($1.71\text{--}9.54 \times 10^{-9}$)	1.46×10^{-5} ($0.71\text{--}2.60 \times 10^{-5}$)	7.32×10^{-3} ($3.44\text{--}13.2 \times 10^{-3}$)

Children 7–10 years	1.76×10^{-6} ($0.71\text{--}3.95 \times 10^{-6}$)	9.92×10^{-8} ($0.25\text{--}25.4 \times 10^{-8}$)	2.36×10^{-5} ($1.17\text{--}4.12 \times 10^{-5}$)	9.31×10^{-9} ($3.00\text{--}16.7 \times 10^{-9}$)	2.55×10^{-5} ($1.25\text{--}4.54 \times 10^{-5}$)	1.28×10^{-2} ($0.60\text{--}2.30 \times 10^{-2}$)
Adolescents 11–14 years	2.76×10^{-6} ($1.10\text{--}6.21 \times 10^{-6}$)	1.57×10^{-7} ($0.39\text{--}4.01 \times 10^{-7}$)	3.71×10^{-5} ($1.84\text{--}6.47 \times 10^{-5}$)	1.46×10^{-8} ($0.47\text{--}2.62 \times 10^{-8}$)	4.01×10^{-5} ($1.96\text{--}7.14 \times 10^{-5}$)	2.01×10^{-2} ($0.95\text{--}3.62 \times 10^{-2}$)
Adolescents 15–19 years	3.77×10^{-6} ($0.15\text{--}8.47 \times 10^{-6}$)	2.13×10^{-7} ($0.54\text{--}5.45 \times 10^{-7}$)	5.07×10^{-5} ($2.51\text{--}8.83 \times 10^{-5}$)	1.99×10^{-8} ($0.64\text{--}3.58 \times 10^{-9}$)	5.47×10^{-5} ($2.67\text{--}9.73 \times 10^{-5}$)	2.75×10^{-2} ($1.29\text{--}4.93 \times 10^{-2}$)
Adults 20–24 years	5.03×10^{-6} ($2.00\text{--}11.3 \times 10^{-6}$)	2.83×10^{-7} ($0.72\text{--}7.27 \times 10^{-7}$)	6.75×10^{-5} ($3.35\text{--}11.8 \times 10^{-5}$)	2.66×10^{-8} ($0.86\text{--}4.77 \times 10^{-9}$)	7.29×10^{-5} ($3.56\text{--}13.0 \times 10^{-5}$)	3.66×10^{-2} ($1.72\text{--}6.58 \times 10^{-2}$)
Adults 25–54 years	6.28×10^{-6} ($2.51\text{--}14.1 \times 10^{-6}$)	3.54×10^{-7} ($0.90\text{--}9.08 \times 10^{-7}$)	8.44×10^{-5} ($4.19\text{--}14.7 \times 10^{-5}$)	3.32×10^{-8} ($1.07\text{--}5.97 \times 10^{-8}$)	9.11×10^{-5} ($4.45\text{--}16.2 \times 10^{-5}$)	4.58×10^{-2} ($2.15\text{--}8.22 \times 10^{-2}$)
Adults 55–64 year	1.38×10^{-5} ($0.55\text{--}3.10 \times 10^{-6}$)	7.79×10^{-7} ($1.99\text{--}20.0 \times 10^{-7}$)	1.86×10^{-4} ($0.92\text{--}3.24 \times 10^{-4}$)	7.31×10^{-8} ($2.36\text{--}13.1 \times 10^{-8}$)	2.00×10^{-4} ($0.98\text{--}3.57 \times 10^{-4}$)	1.01×10^{-1} ($0.47\text{--}1.81 \times 10^{-1}$)
Seniors >65 years	1.66×10^{-5} ($0.66\text{--}3.73 \times 10^{-5}$)	9.35×10^{-7} ($2.39\text{--}24.0 \times 10^{-7}$)	2.23×10^{-4} ($0.11\text{--}3.88 \times 10^{-5}$)	8.78×10^{-8} ($2.83\text{--}15.7 \times 10^{-8}$)	2.40×10^{-4} ($1.17\text{--}4.28 \times 10^{-4}$)	1.21×10^{-1} ($0.57\text{--}2.17 \times 10^{-1}$)

PM_{2.5-10}-bound carcinogenic elements

	Cr	Ni	As	Pb	Σ_{TR}
Children 1–3 years	7.34×10^{-8} ($1.17\text{--}24.3 \times 10^{-8}$)	2.38×10^{-9} ($0.33\text{--}9.21 \times 10^{-9}$)	1.15×10^{-7} ($0.11\text{--}41.9 \times 10^{-7}$)	8.25×10^{-11} ($4.58\text{--}10.3 \times 10^{-11}$)	1.90×10^{-7} ($0.24\text{--}44.5 \times 10^{-7}$)
Children 4–6 years	2.93×10^{-7} ($0.47\text{--}9.72 \times 10^{-7}$)	9.51×10^{-9} ($1.32\text{--}36.8 \times 10^{-9}$)	4.58×10^{-7} ($0.45\text{--}167 \times 10^{-7}$)	3.30×10^{-10} ($1.83\text{--}41.1 \times 10^{-10}$)	7.62×10^{-7} ($0.94\text{--}17.8 \times 10^{-7}$)
Children 7–10 years	5.14×10^{-7} ($0.82\text{--}17.0 \times 10^{-7}$)	1.66×10^{-8} ($0.23\text{--}6.44 \times 10^{-8}$)	8.02×10^{-7} ($0.80\text{--}293 \times 10^{-7}$)	5.78×10^{-10} ($3.21\text{--}71.9 \times 10^{-10}$)	1.33×10^{-6} ($0.16\text{--}31.1 \times 10^{-6}$)
Adolescents 11–14 years	8.07×10^{-7} ($1.29\text{--}26.7 \times 10^{-7}$)	2.62×10^{-8} ($0.36\text{--}10.1 \times 10^{-8}$)	1.26×10^{-6} ($0.13\text{--}46.1 \times 10^{-6}$)	9.08×10^{-10} ($5.04\text{--}113 \times 10^{-10}$)	2.09×10^{-6} ($0.26\text{--}48.8 \times 10^{-6}$)
Adolescents 15–19 years	1.10×10^{-6} ($0.18\text{--}3.65 \times 10^{-6}$)	3.57×10^{-8} ($0.49\text{--}13.8 \times 10^{-8}$)	1.72×10^{-6} ($0.17\text{--}62.8 \times 10^{-6}$)	1.24×10^{-9} ($0.69\text{--}15.4 \times 10^{-9}$)	2.86×10^{-6} ($0.35\text{--}66.7 \times 10^{-6}$)
Adults 20–24 years	1.47×10^{-6} ($0.24\text{--}4.86 \times 10^{-6}$)	4.75×10^{-8} ($0.66\text{--}18.4 \times 10^{-8}$)	2.29×10^{-6} ($0.23\text{--}83.7 \times 10^{-6}$)	2.65×10^{-9} ($0.92\text{--}20.5 \times 10^{-9}$)	3.81×10^{-6} ($0.47\text{--}88.8 \times 10^{-6}$)
Adults 25–54 years	1.83×10^{-6} ($0.29\text{--}6.08 \times 10^{-7}$)	5.94×10^{-8} ($0.82\text{--}23.0 \times 10^{-8}$)	2.86×10^{-6} ($0.28\text{--}105 \times 10^{-6}$)	2.06×10^{-9} ($1.14\text{--}25.7 \times 10^{-9}$)	4.76×10^{-6} ($0.59\text{--}111 \times 10^{-6}$)
Adults 55–64 year	4.04×10^{-6}	1.31×10^{-7}	6.30×10^{-6}	4.54×10^{-9}	1.05×10^{-5}

Seniors >65 years	$(0.65-13.4 \times 10^{-6})$ 4.84×10^{-6} $(0.78-16.0 \times 10^{-6})$	$(0.18-5.06 \times 10^{-7})$ 1.57×10^{-7} $(0.22-6.08 \times 10^{-7})$	$(0.63-203 \times 10^{-6})$ 7.56×10^{-6} $(0.75-276 \times 10^{-6})$	$(2.52-56.5 \times 10^{-9})^{\backslash}$ 5.45×10^{-9} $(3.02-67.8 \times 10^{-9})$	$(0.13-24.4 \times 10^{-5})$ 1.26×10^{-5} $(0.16-29.3 \times 10^{-5})$
-------------------	---	---	---	--	---
