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## 51 Abstract

52 Sodium hypochlorite (SH) is one of the most widely used disinfectants. However, due to public health 53 and environmental concerns disinfectant alternatives are required. In this study, the control of Pseudomonas fluorescens planktonic and biofilm cells was assessed with cetyltrimethylammonium 54 55 bromide (CTAB), SH, 3-bromopropionyl chloride (BPC) and 3-bromopropionic acid (BPA). Several 56 physicochemical aspects of planktonic cells were assessed, particularly antimicrobial efficiency and 57 effects on bacterial surface. CTAB had the lowest MIC/MBC (20/50 µg/ml). All the chemicals promoted 58 cellular disruption and leakage of essential intracellular constituents. CTAB, BPC and BPA irreversibly 59 changed membrane properties through hydrophobicity modifications and decrease of negative surface 60 charge. The action of selected biocides was also investigated in biofilm control (7-days old) using a flow cell reactor system. Modest killing and removal was achieved (maximum killing of 1 log and 16% 61 62 removal). In general, both BPC and CTAB had antimicrobial activities similar to SH and therefore demonstrated to be potential alternative biocides to SH to control P. fluorescens growth. 63

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Keywords: Antimicrobial activity, Biofilm control, Brominated and chlorinated organics, Mode of action,Sodium hypochlorite

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## 69 Introduction

70 The World Health Organization (WHO) mentions food safety as one of the top priorities and challenges 71 of the century (Jahid and Ha, 2012). Nowadays, foodborne diseases are a prime public health concern in 72 developing and developed countries. WHO reported 1.8 million mortality cases of diarrheal diseases 73 worldwide. For instance, in the USA it is estimated that every year, about 48 million people suffer from 74 foodborne diseases (Jahid and Ha, 2012; Scallan et al., 2011; Stein et al., 2007). The Centers for Disease 75 Control and Prevention (CDC) and the US National Health Institute (NIH), documented that biofilms are 76 involved in over 65% of all microbial diseases. In addition, foodborne pathogens can form biofilms, 77 increasing their resistance to commonly used disinfectants (Jahid and Ha, 2012; Potera, 1999). 78 Consequently, the formation of biofilms has severe implications in diverse areas, from industrial 79 processes to health-related fields, with huge economic impacts (Kuehn et al., 2010; Van Houdt and 80 Michiels, 2010).

81 The sanitizers and biocides used in industry occasionally fail to control microorganisms in biofilms as 82 they are typically 10 - 1000 times more resistant than their planktonic counterparts (Davies, 2003; Simões 83 et al., 2010a). In addition to the resistance mechanisms that exist in planktonic cells (gene transfer from 84 resistant counterparts, efflux pumps, cellular impermeability, enzymes that confer resistance and natural 85 evolutionary mutations) there are six hypothesized mechanisms that help to explain the increased 86 resistance of biofilms to antimicrobial treatments (Simões, 2011). These mechanisms include: the direct 87 interactions between the extracellular polymeric substances (EPS) and antimicrobials by affecting 88 diffusion and availability; altered chemical microenvironment within the biofilm with areas of absence or 89 reduced growth (dormant cells); development of biofilm/attachment specific phenotype and expression of 90 specific antimicrobial resistance genes; possibility of damaged bacteria to undergo apoptosis or 91 programed cell death; and the existence of persister cells (Davies, 2003; Russell et al., 1999; Simões et 92 al., 2011; Tattawasart et al., 1999; Van Houdt and Michiels, 2010).

93 The efficacy of a disinfectant depends on numerous factors, such as the type of target microorganism and 94 its susceptibility, the adhesion surface, temperature, exposure time, concentration and pH (Araújo et al., 95 2011). Surfaces that contact with food are normally cleaned and disinfected with agents containing 96 peroxides, chloramines or hypochlorite (Van Houdt and Michiels, 2010). The free chlorine obtained by 97 the use of hypochlorite can be very aggressive to stainless steel, interfering with the surface and thus, 98 facilitating further bacterial adhesion and biofilm formation (Van Houdt and Michiels, 2010; Zottola and 99 Sasahara, 1994). Despite chlorine being the most widely used disinfectant in industry, there is a 100 possibility that during disinfection it may react with natural organic matter or contaminants in surface 101 waters and produce a complex mixture of products which already demonstrated carcinogenic, mutagenic 102 and teratogenic activity in animal studies (European; Ferraris et al., 2005; Gil et al., 2009; Jahid and Ha,

2012; Park *et al.*, 2000). Moreover, SH is included in the indicative list of the Directive on Industrial
Emissions as a major pollutant for water emissions (IPCC, 2007/0286 (COD)). Regardless of these
disadvantages, chlorine based disinfectants efficacy is also pH dependent and several cases of resistance
have been described (Bremer *et al.*, 2002; Gil *et al.*, 2009; Ridgway and Olson, 1982; Sun *et al.*, 2013).
Therefore, new biocides, alternative to SH, are required.

Quaternary ammonium compounds (QACs) are cationic compounds with a basic structure ( $NH_4^+$ ) and a 108 109 strong antimicrobial potential, are frequently used for disinfection and sanitation in a wide range of fields, 110 like hospitals and food manufacturing (Moore and Payne, 2008; Russell, 2008). Cetyltrimethylammonium 111 bromide (CTAB) is a relatively safe and inexpensive product (Nakata et al., 2011). Nevertheless, it has 112 been shown that intensive use of this compound caused negative impacts, particularly the emergence of 113 resistant bacteria and occasionally multidrug resistance (Bore et al., 2007; Nakata et al., 2011). 114 Comparatively to chlorine, QACs are less affected by organic matter, are not corrosive at low 115 concentrations, are more stable and therefore can be stored for longer periods without compromising their 116 antimicrobial activity (Chaidez et al., 2007).

The formation of biofilms is a microbial community behavior coordinated through cell-to-cell 117 118 communication mediated by small, diffusible signals, a phenomenon called quorum sensing. Several 119 phenotypes regulated by cell-to-cell communication are implicated in bacterial colonization and virulence 120 (Hentzer and Givskov, 2003). Therefore, eukaryotes have developed defense mechanism based on chemicals, including secondary metabolites that inhibit these phenotypes (Borchardt et al., 2001; Hentzer 121 122 and Givskov, 2003; Rasmussen and Givskov, 2006). For example, furanones produced by the marine alga 123 Delisea pulchra (Givskov et al., 1996), oxidized halogen compounds produced by Laminaria digitata or 124 haloperoxidases produced by seaweeds (Borchardt et al., 2001). Haloperoxidases catalyze the production 125 of the hypobromous acid (HOBr) and hypochlorous acid (HOCl) known to have antibiofilm properties 126 (Borchardt et al., 2001). The natural furanones are halogenated at several positions by bromine, iodide or 127 chloride and the concentration of furanones is inversely correlated with the degree of bacterial 128 colonization (Hentzer and Givskov, 2003). Stabilized halogen antimicrobials are extensively used to 129 control biofouling in industry and they have been shown to be more effective in penetrating and 130 disinfecting biofilms than free halogen (Borchardt et al., 2001). Little is known about the usefulness of 131 bromide as a disinfectant for the food industry. Previous studies demonstrated that dibromodimethyl 132 hydantoin was as effective as chlorine against Streptococcus faecalis cells (Ortenzio and Stuart, 1964), 133 but was less effective against Bacillus cereus spores (Cousins and Allan, 1967). As with free chlorine, 134 there are safety concerns about the production of brominated organic compounds and their impact on 135 human and environmental safety (WHO, 2009).

This study aims to assess the antimicrobial action of selected halogen-based chemicals against planktonic cells and biofilms of *Pseudomonas fluorescens*. This bacterium is commonly found in drinking water (Penna *et al.*, 2002; Wong *et al.*, 2011) and is considered a major contaminant in food industry causing produce spoilage and foodborne illnesses (Mundo *et al.*, 2004; Simões *et al.*, 2009).

140 141

## 142 Materials and Methods

143 Antimicrobial agents

Sodium hypochlorite solution (SH) and cetyltrimethylammonium bromide (CTAB) were purchased from
Sigma (Portugal); 3-bromopropionic acid (BPA) was purchased from Merck (VWR, Portugal); 3bromopropionyl chloride (BPC) was purchased from Alfa Aesar (VWR, Portugal). All dilutions were
done using sterile distilled water.

- 148
- 149 Microorganism and culture conditions

The bacterium used in this study was *Pseudomonas fluorescens* ATCC 13525. Bacterial growth was obtained from overnight cultures (16 h) in 250 ml flasks with 100 ml of culture medium (5 g  $\Gamma^1$  glucose, 2.5 g  $\Gamma^1$  peptone and 1.25 g  $\Gamma^1$  yeast extract in 0.025 M phosphate buffer, pH 7) and incubated at 30 ± 3°C, under 150 rpm of agitation (Simões *et al.*, 2007b).

155 Antibacterial susceptibility testing – minimum inhibitory and bactericidal concentrations

156 The minimum inhibitory concentration (MIC) of each agent was determined by the microdilution method according to the Clinical and Laboratory Standards Institute (CLSI) guidelines (CLSI, 2012). Bacteria at a 157 density of 10<sup>8</sup> colony forming units (CFU) per ml were inoculated into fresh culture medium and a 158 159 volume of 200 µl per well was inserted in 96-well microliter plates, along with the different 160 concentrations of the chemicals (10% v v<sup>-1</sup>). The bacterial growth was determined at 640 nm using a 161 microplate reader (Spectramax M2e, Molecular Devices, Inc.). The MIC was determined as the lowest concentration that inhibited microbial growth (Ferreira et al., 2011). A volume of 10 µl per well was 162 plated in plate count agar (PCA, Merck, Germany) and incubated overnight at  $30 \pm 3^{\circ}$ C, after a 163 neutralization step to quench the chemicals antimicrobial activity by dilution to sub-inhibitory 164 165 concentrations (Johnston et al., 2002). The minimum bactericidal concentration (MBC) was considered 166 the lowest concentration of the antimicrobial chemical were no growth was detected on the solid medium 167 (Ferreira et al., 2011). Three independent experiments were performed for each chemical.

168

169 Physicochemical characterization of the bacterial surfaces

170 The physicochemical properties of *P. fluorescens* cell surface were assessed by the sessile drop contact 171 angle measurement on bacteria lawns, performed as described by Busscher et al. (1984) (Busscher et al., 172 1984). Contact angles were determined using an OCA 15 Plus (DATAPHYSICS) video-based optical 173 measuring instrument, allowing image acquisition and data analysis. The measurements ( $\geq$  15 per liquid 174 and chemical) were performed according to Simões et al. (2007) (Simões et al., 2007a), after bacteria 175 incubation (one hour) with the chemical at the MBC. The liquid surface tension components reference 176 values were obtained from the literature (Janczuk et al., 1993). Hydrophobicity was assessed after contact 177 angle measurement, following the van Oss method (van Oss et al., 1987; van Oss et al., 1988; van Oss et 178 al., 1989). The liquids with known surface tensions used to determine the surface tension components 179 were  $\alpha$ -bromonaphtalene (apolar), formamide (polar), and water (polar).

180

181 Bacterial surface charge - Zeta potential

An overnight culture of *P. fluorescens* was used to prepare a bacterial suspension with an optical density of 0.2 (640 nm). The zeta potential of bacterial suspensions was determined in sterile water using a Nano Zetasizer (Malvern Instruments) according the procedure described by Ferreira *et al.*, (2011) (Ferreira *et al.*, 2011). This determination was performed before and after bacterial exposure to the chemical at the MBC, for one hour. Three independent experiments were performed for each chemical.

187

188 Potassium ( $K^+$ ) leakage

189 The quantification of  $K^+$  in bacteria solutions, before and after one hour exposure to the MBC of each 190 biocide, was determined by flame emission and atomic absorption spectroscopy according to Ferreira *et* 191 *al.*, (2011) (Ferreira *et al.*, 2011). Samples were filtrated (pore size 0.2 µm) and analyzed in a GBC AAS 192 932 plus device using GBC Avante 1.33 software. Three independent experiments were performed for 193 each chemical.

194

195 Colony biofilm formation and antimicrobial penetration tests

196 Colony biofilms were developed according to the methods of Anderl et al. (2000) and Singh et al. (2010) 197 (Anderl et al., 2000; Singh et al., 2010). Briefly, biofilms were grown in Mueller-Hinton agar plates 198 (24 hours,  $30 \pm 3$  °C). For this purpose, a volume of 40 µl of cell suspension was placed on a 13 mm 199 polycarbonate membrane, pore size 0.2 µm (Merk, Millipore) originating colony biofilms. Afterwards, 200 the membranes with biofilms were transferred to a fresh plate seeded with Staphylococcus aureus CECT 201 976 at a McFarland Standard of 0.5 (Anderl et al., 2000; Singh et al., 2010). Another polycarbonate 202 membrane was placed on top of the biofilm. The antimicrobial discs (Biochemica) were impregnated with 203 15 µl of each chemical from a stock solution (a mass of 350 µg of CTAB, BPA, BPC or SH was provided 204 in the 15 µl) and placed over the polycarbonate membrane, avoiding direct contact with the biofilm. The 205 positive controls were obtained in the absence of biofilm. The plates were incubated for 24 hours at  $30 \pm$ 

3 °C before the assessment of the inhibition halos. The positive controls were taken as 100% penetration
 and used to assess the mass transfer limitations when biofilms were present. Three independent
 experiments were performed for each chemical.

209

210 2.8 Biofilm formation in a flow cell system

211 The flow cell system used in this study was similar to the one used on the study of Teodósio el al. (2011) 212 (Teodósio et al., 2011). The system consists of a recirculating bioreactor, two vertical polymethyl 213 methacrylate (PMMA) flow cells operating in parallel, one 0.51 bioreactor, peristaltic and centrifuge 214 pumps. A pure culture of P. fluorescens was used to inoculate the 0.5 l bioreactor that operated continuously, dripping into the 5 l bioreactor at a flow rate of 10 ml h<sup>-1</sup>. This larger bioreactor was fed 215 with 100 times diluted culture medium (0.05 g l<sup>-1</sup> glucose, 0.025 g l<sup>-1</sup> peptone and 0.0125 g l<sup>-1</sup> yeast 216 extract in 0.025 M phosphate buffer, pH 7) at a flow rate of 0.833 1 h<sup>-1</sup>. The dilution rate of 0.28 h<sup>-1</sup> 217 218 ensured that biofilm formation was stimulated over planktonic growth (Simões et al., 2003). The flow 219 cells were designed so that stainless steel coupons AISI 316 (1 cm  $\times$  2 cm) could be applied into 220 structures that were inserted into the flow cells, in order to facilitate biofilm sampling. The bacterial 221 suspension from the 51 bioreactor was allowed to recirculate in the flow cells in order to form biofilms on 222 the stainless steel coupons at a flow rate of  $3.41 \text{ h}^{-1}$  (Reynolds number of 4000).

- 223
- 224 Biofilm control using different chemicals

225 The flow-generated biofilms of P. fluorescens were submitted to a one hour disinfection process of the 226 selected chemicals (CTAB, BPC and SH) at MBC. The flow cell was carefully emptied and the disinfection of the biofilms was made by recirculation of the chemical at MBC, at 3.4 l h<sup>-1</sup> flow rate for 227 one hour. After that period, the initial conditions were restored in the flow cell system. Control 228 229 experiments with 0.025 M phosphate buffer (pH 7) were also performed. Four coupons, two from each 230 flow cell were removed at different time periods: before chemical exposure, immediately after the 231 antimicrobial exposure and 2, 12 and 24 hours post-antimicrobial treatment. After biofilm chemical 232 exposure, a neutralization step by dilution to sub-inhibitory concentrations was performed according to 233 Johnston et al. (2002) and as applied previously by Simões et al. (2009) (Johnston et al., 2002; Simões et 234 al., 2009). The analysis 2, 12 and 24 hours were performed to assess the biofilm regrowth potential post-235 antimicrobial treatment.

- 236
- 237 Biofilm analysis

238 P. fluorescens biofilms grown on stainless steel were characterized in terms of mass and colony forming 239 units (CFU). The stainless steel coupons were removed from the flow cell and the biofilms that covered 240 the coupons surface were completely scraped using a sterile scalpel and resuspended in 10 ml of 241 phosphate buffer. The biofilm suspensions were vortexed (IKA TTS2) for 30 s with maximum power to 242 disrupt cell aggregates. The biofilm mass was determined according to standard methods (American 243 Public Health Association [APHA], American Water Works Association [AWWA], Water Pollution Control Federation [WPCF]) (APHA et al., 1989). The CFU, expressed as log (CFU cm<sup>-2</sup>), were assessed 244 245 in Plate Count Agar (Merck, Portugal), according to Simões et al. (2005) (Simões et al., 2005b).

- 246
- 247 Statistical analysis

248Data were analyzed applying the parametric paired t-test using the statistical program SPSS version 22.0249(Statistical Package for the Social Sciences). The average and standard deviation (SD) within samples250were calculated for all cases. Statistical calculations were based on confidence level  $\geq 95\%$  (P < 0.05)251which was considered statistically significant.

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- 253

# 254 Results

The MIC and MBC values obtained for the tested chemicals (Fig. 1) against *P. fluorescens* are presented in Table 1. In general, the MBC was always slightly higher than the MIC, with the exception of SH (MIC

- = MBC). The results showed that CTAB was the most efficient biocide with MBC values 10 to 20 times
   lower compared to the other chemicals.
- The parameters of the surface tension for *P. fluorescens* before and after the treatment with each chemical were determined to ascertain their effects on the bacterial surface properties (Table 2). *P. fluorescens* is
- 261 naturally hydrophilic ( $\Delta G_{sws} > 0$  mJ m<sup>-2</sup>). However, this property was less pronounced (P < 0.05) when
- 262 the cells were in contact with BPA and CTAB (Table 2). Regarding the apolar ( $\gamma_s^{LW}$ ) parameter, only
- 263 CTAB caused changes, *i.e.* a decrease compared to the untreated cells. The polar ( $\gamma_s^{AB}$ ) parameter of the
- bacterium was enhanced with the application of CTAB and decreased due to SH exposure (P < 0.05). The
- treatment with SH decreased significantly the cell surface ability to accept  $(\gamma_s^+)$  or donate  $(\gamma_s^-)$  electrons
- 266 (P < 0.05), while BPA and CTAB increased the value of the electron acceptor component of *P*. 267 *fluorescens* surface (P < 0.05).
- 268 *P. fluorescens* presented a negative surface charge of -13.53 mV with a conductivity of 0.05 mS cm<sup>-1</sup> 269 (Table 3). The exposure to CTAB, BPC or BPA made *P. fluorescens* surface charge less negative and 270 increased its conductivity (P < 0.05), with the exception of CTAB that had no effects on the cell surface 271 conductivity (P > 0.05). Conversely, SH enhanced cell surface conductivity (P < 0.05), without 272 interfering with the charge (P > 0.05).
- The intracellular  $K^+$  leakage was assessed in order to ascertain the effects of the chemicals in the cell integrity. The  $K^+$  concentration in solution before and after exposure to several chemicals is presented in Table 4. All tested chemicals promoted an alteration in the cytoplasmic membrane permeability, causing  $K^+$  leakage (P < 0.05). Additionally, the expression of outer membrane proteins (OMPs) was assessed by SDS-PAGE, before and after biocide exposure for one hour. No relevant differences in the expression of major OMPs were found after exposure to the selected biocides (online resource 1).
- The percentage of retardation gives an estimation of the efficacy of chemical products to penetrate the biofilm (Table 5). In this case, BPC and SH were the most efficient since no retardation was observed.
- 281 Contrarily, CTAB was completely (P < 0.05) and BPA partially (15%) retarded by the biofilm.
- BPC was selected over BPA for biofilm assays (Figure 2) due to its higher antimicrobial activity (lower MIC and MBC), significant effects on the surface properties of *P. fluorescens* and the ability to penetrate the biofilm without retardation. Therefore, BPC, CTAB and SH were tested against 7-days old flowgenerated biofilms formed under a flow rate of  $3.4 \ 1 \ h^{-1}$ . The effectiveness of the chemicals was assessed in terms of CFU (Fig. 2a) and biomass (Fig. 2b).
- The results obtained for the number of biofilm CFU revealed a reduction after one hour exposure to the MBC of CTAB and SH (Fig. 2). This effect was more pronounced for SH with 1 log reduction (P > 0.05). For CTAB 0.4 CFU log reduction was achieved and for BPC CFU log reduction was almost negligible. In
- order to ascertain the role of the biocides tested on biofilm regrowth, CFU were determined 2, 12 and 24 h after chemical exposure. Two hours after this treatment the number of CFU increased for the three 292 chemicals tested, reaching values similar to those before the treatment (P > 0.05, Fig. 2a). The number of 293 biofilm CFU, remained constant overtime for all the conditions tested, except for the 24 h BPC-treated 294 biofilms. For this case the number of biofilm cells increased significantly (P < 0.05, Fig. 2a) when 295 compared to the control values (untreated biofilms).
- In terms of biofilm mass, the three chemicals promoted similar biofilm biomass removal (average of 16%, Fig. 2b) immediately after treatment. These values remained unchanged 2 h after the treatment for all the conditions tested. When analyzing the period of 12 h after the treatment, no significant biomass changes were found for the biofilms treated with CTAB and BPC, compared to the biofilms immediately after approximately after treatment the treatment (P < 0.05). However, 24 h after treatment the
- biomass values obtained for these biofilms were as low as those found immediately after the treatment (P > 0.05). After this regrowth period the biomass of CTAB treated biofilms was also similar to the values immediately after treatment, while significant regrowth was found for the BPC treated biofilms
- 304 (P < 0.05).
- 305 306

#### 307 Discussion

308 In the last decades, due to the high food demands to match population needs there have been increasing 309 concerns on outbreaks of foodborne pathogens (Bhat, 2008). Thus, the food industry requires major 310 investments in produce decontamination and facilities sanitation in order to prevent and control microbial 311 contaminants (Todd et al., 2010). However, resistance to disinfectants and sanitizers has been increasing, 312 urging the necessity for the development of new formulations (Bore et al., 2007; Bremer et al., 2002; Fraise, 2002; Nakata et al., 2011; Simões et al., 2011). In this work, the antimicrobial activity and 313 capacity for biofilm control of chlorine (as sodium hypochlorite) and three brominated and chlorinated 314 315 chemicals (CTAB, BPC and BPA) against P. fluorescens was studied. In addition, several aspects of their 316 interaction with bacteria were assessed. The three brominated chemicals were selected based on their 317 structure, particularly the presence of bromine (Petruso et al., 1994; Ward et al., 1981), chlorine (Gottardi 318 and Nagl, 2005; Ward et al., 1981) and carboxyl groups (Kabara et al., 1972) that are known for their 319 antimicrobial properties. P. fluorescens was chosen as it is a well-studied Gram-negative bacterium, 320 ubiquitous in natural, medical and industrial environments that can cause serious problems in its 321 planktonic and biofilm states (Ferreira et al., 2011; Simões et al., 2010b; Wong et al., 2011). In addition, 322 this bacterium is known to form biofilms resistant to disinfectants (Lindsay et al., 2002; Selvaraju et al., 323 2005; Simões et al., 2008). Several bacterium physiological characteristics were assessed such as MIC, 324 MBC, hydrophobicity,  $K^+$  leakage, and surface charge.

The MIC and MBC values of CTAB against P. fluorescens were 20 and 50 µg ml<sup>-1</sup>, respectively (Table 325 1). The previous use of CTAB, in other studies, revealed MICs values of 4  $\mu$ g ml<sup>-1</sup> against the Gram 326 negative Salmonella typhimurium and Pseudomonas aeruginosa or 18 µg ml<sup>-1</sup> for the yeast Candida 327 328 albicans (Lindstedt et al., 1990). The MIC and MBC of SH was 500 µg ml<sup>-1</sup>. A range of SH 329 concentrations from 50 to 5000  $\mu$ g ml<sup>-1</sup> has been determined by several authors for a variety of conditions 330 and bacteria (Maillard, 2011; Perez et al., 2005; Rasmussen et al., 2013; Rutala and Weber, 1997). 331 Differences between the values obtained from the previous studies and the present can be explained by 332 the different methods and bacteria used to determine these parameters. Moreover, it is known that no 333 strain can mimic the behavior of a species (Fux et al., 2005).

To our knowledge, this is the first study reporting the antimicrobial properties of BPA and BPC. It was found that both chemicals possess antimicrobial activity, with a MIC and MBC against *P. fluorescens* of 650 and 700  $\mu$ g ml<sup>-1</sup> for BPC and 850 and 900  $\mu$ g ml<sup>-1</sup> for BPA. The lower MIC and MBC of BPC can be possibly due to the presence of chlorine, known for its antimicrobial properties (Gottardi and Nagl, 2005; Winter *et al.*, 2008).

In order to understand the action of the selected chemicals on *P. fluorescens*, diverse aspects of the interaction between the chemicals and the bacterial cells were assessed particularly the surface physicochemical properties, charge (Table 3) and  $K^+$  leakage.

342 CTAB is a compound that binds to the negative cell surface of bacteria due to electrostatic attraction by 343 chemisorption (Azeredo et al., 2003; Neu, 1996; Rodrigues et al., 2013). Azeredo et al. (2003) proposed 344 that when a concentration of CTAB higher than the MBC is used, hydrophobicity and surface charge 345 properties can be enhanced and bacteria become hydrophilic and positively charged (Azeredo et al., 346 2003). Upon interaction with the surface, CTAB promotes cell membrane disorganization (McDonnell 347 and Russell, 1999) or even disruption (Simões et al., 2005a). In this work, this effect of cell disruption 348 was verified by the amount of  $K^+$  leakage as this assay is usually the primary indicator of gross and 349 irreversible cytoplasmic membrane damage (Borges et al., 2013; Carson et al., 2002).

Conversely to QACs, *P. fluorescens* exposure to SH decreased the bacterial polar ( $\gamma_s^{AB}$ ) character and, consequently the capacity to accept ( $\gamma_s^+$ ) or donate ( $\gamma_s^-$ ) electrons. According to Gottardi and Nagl (2005), the action of active chlorine (hypochlorous acid - HOCl) in bacteria can be divided in two effects, nonlethal and lethal (Gottardi and Nagl, 2005). The first implies reversible chlorination of the bacterial surface and the second is based on penetration into the bacteria combined with irreversible alterations.

- 355 HOCl can also promote aggregation of essential proteins (Winter et al., 2008). The present study
- corroborates the findings of Winter et al. (2008) on the membrane destabilization effects (Winter et al.,
- 357 2008). In fact,  $K^+$  leakage is a good indicator of cytoplasmic membrane damage (Codling *et al.*, 2003;
- 358 Lambert and Hammond, 1973). The interaction of active chlorine did not interfere with the cell surface

charge possibly suggesting covalent links between the biocide and the bacterial membrane (Gottardi and Nagl, 2005). Moreover, SH dissociation in ions can originate salt formation that can help to explain the observed increase in the cell surface conductivity.

362 BPA decreased bacterial hydrophilic characteristics and improved electron acceptance ( $\gamma_s^+$ ). The membrane interaction with the chemical may promote a destabilization and consequently  $K^+$  leakage into 363 solution. In addition, previous reports suggest the reaction between BPA and sulfhydryl groups of 364 365 proteins (Bradbury and Smyth, 1973; Chadha and Plapp, 1984). The effects of BPC were less noticeable 366 on the hydrophobicity values, but this chemical was the one that most affected the charge of the bacterial cells. This difference in the antimicrobial activity and mode of action of BPA and BPC can be due to the 367 presence/absence of OH<sup>-</sup> or Cl<sup>-</sup>. It seems that the presence of Cl<sup>-</sup> may improve the antimicrobial activity 368 369 of the molecules, causing a significant decrease in the cell surface charge and the leakage of intracellular 370  $K^+$ . These antimicrobial effects were lower when BPA was applied (higher MIC and MBC values). Even 371 if significant effects on the cell surface properties and charge were promoted by the biocides, no changes 372 were induced on OMP expression (online resource 1). This may indicate that these compounds may not 373 potentiate antimicrobial resistance, regarding OMP expression. This hypothesis is based on the 374 knowledge of OMP importance in bacterial resistance to biocides and antibiotics (Cha and Cooksey, 375 1991; Delcour, 2009; Masuda et al., 1995; Walsh et al., 2003; Winder et al., 2000).

376 The penetration of CTAB through the P. fluorescens biofilms was totally retarded. In fact, bacteria grown 377 as a biofilm exhibit less susceptibility to antimicrobials due to spatial heterogeneity in its structure which 378 consequently originates nutrient depletion within the biofilm, reduced access of the chemicals to the 379 bacteria inside the biofilm, biocide interaction with extracellular polymeric substances (EPS) and the 380 existence of degradative enzymes and neutralizing chemicals (Brown and Gilbert, 1993; Fazlara and 381 Ekhtelat, 2012; Simões et al., 2010b). A previous study supports the accessibility hypothesis as it was 382 verified that low mass biofilms were more susceptible to biocides than high mass biofilms (Simões et al., 383 2006).

Biofilms are organized cell aggregates in a self-produced extracellular matrix and can be formed on living or inert surfaces, which can create serious problems in several fields if the disinfection protocols fail (Simões *et al.*, 2010b). As biofilms are a major problem in industry, it is important to understand the effects of biocides in their control. In this study, BPC was selected over BPA to control the flowgenerated biofilms. This selection was based on the similar chemical structures and the most promising antimicrobial effects of BPC.

P. fluorescens biofilms were exposed to the chemicals at their MBC values, for one hour. Only modest 390 reductions in the log CFU cm<sup>-2</sup> were obtained. This fact reinforces the higher resistance of biofilm cells 391 392 compared to their planktonic counterparts (Davies, 2003; Simões et al., 2010a). In terms of biofilm mass 393 removal the use of BPC, CTAB or SH promoted low removal of the total biofilm mass ( $\leq 16\%$ ). It can be 394 hypothesized that CTAB acts by eroding the biofilm, which may consist on eradication of the superficial 395 bacteria and disruption of the EPS matrix, in which they are embedded. This assumption is based on the 396 fact that CTAB is the most efficient of the chemicals tested despite lacking the ability to cross the biofilm 397 layers. BPC and SH pass through the biofilm but are not effective. This may be the consequence of an 398 intrinsic or acquired resistance of biofilms (Gibson et al., 1999; Winter et al., 2008). Furthermore, the 399 mechanism of action of these chemicals did not interfere with quorum sensing (online resource 1). A 400 screening protocol developed by McLean et al. (2004) was used for the detection of quorum signal inhibition (targeting acylated homoserine lactones dependent signaling) (McLean et al., 2004). No effects 401 402 were found other than antimicrobial action (online resource 1).

403 In order to ascertain the ability of the biofilms to regrow after the chemical treatment the conditions 404 existing prior to exposure were reestablished, therefore mimicking a disinfection practice in industry. 405 Biomass regrowth was observed mostly for SH treated biofilms (12 hours) and BPC treated biofilms 406 (24 hours). In terms of CFU, regrowth was verified for all biofilms upon 2 hours after treatment, being the 407 CFU counts for the other sampling periods within the values of untreated biofilms (control). This result 408 can be explained by the possible presence of starved or injured cells or potentially viable but not 409 culturable cells (Banning et al., 2002; Simões et al., 2011). Also, Pereira et al. (2002) found that 7-days 410 old P. fluorescens biofilms formed in a flow cell system are in the stationary or stabilization phase 411 (Pereira et al., 2002). This means that the loss of biomass due to physical stresses is balanced by the

growth of new cells at the edge of the biofilm (Capdeville *et al.*, 1992). The results obtained show low/modest effects of the selected biocides on biofilm removal and killing and the rapid regrowth to the stabilization phase. These results may indicate that the selected biocides, at the concentrations tested, had no significant effects on the dynamic behavior of the biofilms. Moreover, this preservative recovery showed by the post-antimicrobial effect evaluation could lead to populations of resistant bacteria, which may be recalcitrant to disinfection (Stewart, 2003).

418 It is apparently clear that the promising results obtained with the tests on planktonic cells did not provide 419 relevant insights on their application in biofilm control, even if the same strain and antimicrobial 420 concentrations were used in both tests. Moreover, in this study, it seems that the chemical nature of the 421 biocide was not relevant on biofilm control and the brominated and chlorinated products had no clear 422 advantage on biofilm control over SH. In fact, the results obtained with SH and the brominated-products 423 are comparable. At their MBC, the selected chemicals promoted similar effects on the biofilms. This 424 proposes that the CTAB and BPC can be alternatives to SH for biofilm control. Further studies will be 425 performed on the effects of the combination between CTAB and BPC with SH. In fact, the combination 426 of SH with biocides already proved to potentiate their effects as antimicrobials and biofilm control agents 427 (DeQueiroz and Day, 2007; Dutta and Kundabala, 2014; Luddin and Ahmed, 2013). Pioneer studies 428 (Kristoffersen, 1958; Shere et al., 1962), demonstrated synergistic antimicrobial relationship when 429 bromine was added to chlorine solutions. However, as with free chlorine, there are safety concerns about 430 the production of brominated organic compounds and their impact on human and environmental safety, 431 even if bromide ion has a low degree of toxicity (WHO, 2009).

432

# 433 Conclusions

434 SH, BPA, BPC and CTAB promoted cellular disruption and leakage of essential intracellular constituents 435 of planktonic P. fluorescens. CTAB had the lowest MIC and MBC values. All the chemicals promoted 436 cellular disruption and leakage of essential intracellular constituents. CTAB, BPC and BPA irreversibly 437 changed membrane properties through hydrophobicity modifications and decrease of negative surface 438 charge. P. fluorescens biofilms formed in a flow cell system under turbulent flowing conditions were 439 highly resistant to control by the selected chemicals. CTAB, BPC and SH at their MBC promoted similar 440 biofilm removal and killing. However, total biofilm control was not achieved and the biofilms were able 441 to recover from the antimicrobial exposure. The overall results also propose that CTAB, BPA and BPC 442 had antimicrobial effects comparable to SH and therefore they can be used as alternative biocides.

443

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453

# 454 **Competing interests**

The authors declare that they have no competing interests.

456

# 457 Authors' contributions

458 JM and PA performed the experiments for this study, participated in acquisition, analysis and 459 interpretation of data, drafting and revising critically the manuscript. IM and ML participated in the 460 analysis and interpretation of data, and contributed in the writing and editing of the manuscript. FM and 461 LM participated in drafting and revising critically the manuscript. MS did the experimental design of the 462 study and participated in drafting the manuscript. All authors read and approved the final manuscript.

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#### Tables

Table 1 – Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC)
 values of the selected biocides against *P. fluorescens*

	MIC ( $\mu g m L^{-1}$ )	MBC (µg mL <sup>-1</sup> )
BPC	650	700
BPA	850	900
CTAB	20	50
SH	500	500

**Table 2** – Surface tension parameters, hydrophobicity ( $\Delta G_{sws}$ ), apolar ( $\gamma_s^{LW}$ ) and polar ( $\gamma_s^{AB}$ ), of untreated *P. fluorescens* (control) and of cells exposed to the selected biocides. The mean ± SD is presented

		-			-
	Surface tension parameters (mJ m <sup>-2</sup> )			$\Lambda C$ (mI m <sup>-2</sup> )	
	$\gamma_s^{LW}$	$\gamma_s^{AB}$	$\gamma_s^+$	$\gamma_s^-$	$\Delta G_{SWS}(\Pi J \Pi I I)$
Control	$22.77 \pm 4.43$	$30.27 \pm 4.79$	$4.14 \pm 1.25$	$56.96 \pm 4.71$	$30.71 \pm 6.34$
BPC	$19.36\pm0.43$	$31.45 \pm 2.92$	$4.40 \pm 1.07$	$57.20\pm3.96$	$29.79 \pm 5.54$
BPA	$20.32\pm0.80$	$34.13\pm3.61$	$6.04 \pm 1.25$	$53.09 \pm 3.51$	$23.39 \pm 4.90$
CTAB	$11.97 \pm 1.35$	$46.99 \pm 7.06$	$10.36\pm2.98$	$54.00\pm0.81$	$14.02\pm5.04$
SH	$29.49 \pm 4.68$	$13.27 \pm 1.83$	$0.89\pm0.33$	$51.36\pm5.93$	$33.53\pm8.73$

**Table 3** – Zeta potential and conductivity of *P. fluorescens* before (control) and after 1 hour exposure to748the selected biocides. The mean  $\pm$  SD is presented

	Zeta Potential (mV)	Conductivity (mS cm <sup>-1</sup> )
Control	$-13.53\pm2.32$	$0.05\pm0.02$
BPC	$-2.88\pm0.66$	$2.25\pm0.06$
BPA	$-4.96\pm0.95$	$0.46\pm0.09$
CTAB	$\textbf{-8.14} \pm \textbf{0.42}$	$0.05\pm0.01$
SH	$\textbf{-13.00} \pm 1.41$	$31.10\pm0.14$

Table 4 – Concentration of  $K^+$  in solution before and after 1 hour exposure to the selected biocides. The

753 mean  $\pm$  SD is presented

	Concentration of $K^+$ in solution (µg ml <sup>-1</sup> )
Control	$1.21 \pm 0.08$
BPC	$1.99 \pm 0.21$
BPA	$1.96 \pm 0.25$
CTAB	$2.09\pm0.28$
SH	$2.07\pm0.26$

- **Table 5** –Retardation caused by *P. fluorescens* biofilms, for the selected biocides. Data are presented as
- mean ± SD of the percentage of diameter measurements for halo readings as compared with controls
   (without chemical exposure)

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		Retardation (%)
	BPC	$0.0\pm0.0$
	BPA	$15.7\pm4.4$
	CTAB	$100\pm0.0$
	SH	$1.90\pm3.2$

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Fig. 1 – Chemical structures of the chemicals used: a. cetyltrimethylammonium bromide (CTAB); b. 3 bromopropionyl chloride (BPC); c. sodium hypochlorite (SH) and d. 3-bromopropionic acid (BPA).



**Fig. 2** – *P. fluorescens* biofilm cell density (log CFU cm<sup>-2</sup>) (a) and mass (b) before and after treatment with CTAB ( $\square$ ), BPC ( $\square$ ) and SH ( $\blacksquare$ ). Samples were collected before treatment ( $\blacksquare$ ), immediately after treatment and 2, 12 and 24 hours following the biocide treatment. Values are mean ± SD.