

APPLICATIONS | INTERNATIONAL STUDENT

1ST CYCLE OF STUDIES IN NUTRITION SCIENCES | ACADEMIC YEAR 2025/2026

PUBLIC NOTICE (UPDATED 05.05.2025)

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António Pedro Soares Ricardo Graça, Director and Associate Professor of the Faculty of Nutrition and Food Sciences of the University of Porto, hereby announces that applications are open for the 1st Cycle (Bachelor Degree) in Nutrition Sciences through the International Student Contest, academic year 2025/2026. **Applications are made exclusively online, via the link to be provided in the applications notice**, subject to the vacancies, calendar, access conditions and selection and ranking criteria set out below.

This notice has been updated exclusively to change the ‘declaration that you are covered by the International Student Status’, due to the changes introduced by Decree-Law no. 20/2025 of 18 March.

1. VACANCIES AND DISTRIBUTION BY APPLICATION PHASE

1.1 Total number of vacancies: 18

1.2 Distribution of vacancies by application phase:

1st phase: 10 places;

2nd phase: 6 vacancies + any vacancies left over from the 1st phase;

3rd phase: 2 places + any remaining places.

2. APPLICATION CALENDAR:

(According to the University of Porto application calendar, academic year 2025/2026)

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	1st Phase	2nd Phase	3rd Phase
Submission of applications	02/01/2025 to 07/02/2025	10/02/2025 to 04/04/2025	11/06/2025 to 25/07/2025
Application analysis	10/02/2025 to 21/02/2025	07/04/2025 to 28/04/2025	28/07/2025 to 01/08/2025
Provisional results	24/02/2025	29/04/2025	04/08/2025
Prior hearing	25/02/2025 to 10/03/2025	30/04/2025 to 14/05/2025	05/08/2025 to 19/08/2025
Final results	14/03/2025	19/05/2025	01/09/2025
Applicant complaints	17/03/2025 to 06/04/2025	20/05/2025 to 09/06/2025	02/09/2025 to 22/09/2025
Publication of the complaints decision	11/04/2025	20/06/2025	30/09/2025
Enrollments	17/03/2025 to 21/03/2025	20/05/2025 to 28/05/2025	02/09/2025 to 08/09/2025
Possible placement of substitutes	24/03/2025 to 28/03/2025	29/05/2025 to 06/06/2025	09/09/2025 to 15/09/2025
Publication of remaining places for the next phase	31/03/2025	09/06/2025	Not applicable

Notification of results: in the form of a public notice on www.fcna.up.pt; the e-mail address indicated in the application process may be used as a supplementary means of publicizing results.

3. CONDITIONS OF ACCESS AND SELECTION AND RANKING CRITERIA

3.1 Specific conditions for access to the 1st Cycle in Nutritional Sciences:

The contest is aimed at international students:

- Holders of a qualification giving access to higher education, understood as any diploma or certificate issued by a competent authority attesting to the successful completion of a secondary education programme in that country and entitling them to apply for and enter higher education in the country in which it was awarded;
- Holders of a Portuguese secondary school diploma or legally equivalent qualification.

And with prior qualification:

a) Knowledge of the language in which the programme is taught (Portuguese), assessed by presenting a document proving this.

b) Admission exams, if accepted:

- national entrance exams (Biology and Geology + Physics and Chemistry);
- national exams or final exams of foreign secondary education considered equivalent by the EC's scientific commission, which must cover the subjects of the entrance exams set for the study programme in question under the general access and entrance regime.

3.2 Criteria and sub-criteria for selecting and ranking candidates:

Candidates will be ranked in descending order of their classification (C), rounded down to the nearest tenth, using the calculation formulae below:

3.2.1 For candidates who take ENEM exams from 2020 onwards (previous years are not eligible):

Final classification* = $(NST \times 0.5 + MT \times 0.5) \times 200/1000$

*conversion to national scale from 0 to 200 points

Only applicants with individual scores equal to or higher than 120 (600 on the ENEM) for Maths and its technologies (MT) and 120 (600 on the ENEM) for Nature Sciences and their Technologies (NST) will be admitted.

Calculation formula for selection and ranking:

High school average: 40% (it is compulsory to present a statement from the school containing the final average and the respective scale)

ENEM (weighting 50% SNT + 50% MT): 50%

Motivation letter: 10%

3.2.2 For candidates competing in tests other than ENEM:

The application grade will be a mark on a scale of 0 to 200 points, calculated using the weighted average of the required entrance exams and rounded to the nearest tenth:

$$C = BG \times 0.5 + PQ \times 0.5$$

In which:

BG - classification, on the whole scale from 0 to 200 points, of the final exam corresponding to the Biology or Biology and Geology test, with a minimum classification of 120 points being compulsory.

PQ - classification, on the whole scale from 0 to 200 points, of the final exam corresponding to the Chemistry or Physics and Chemistry test, with a minimum classification of 120 points being compulsory.

Calculation formula for selection and ranking:

High school average: 40%

Entrance exams: 50%

Motivation letter: 10%

3.3 Tie-breaking criteria:

In the event of a tie, the following criteria are applied:

1st criterion:

- Better assessment of the motivation letter;

2nd criterion:

- Better evaluation of the interview.

Interview, in person or by videoconference, considering the following criteria:

motivation (20 per cent); maturity (20 per cent); communication and argumentation skills (30 per cent); knowledge of the profession (30 per cent).

4. REQUIRED DOCUMENTS

4.1 Documentation to be submitted:

- Identification document (Citizen's Card/Identity Card/Passport) or declaration containing identification data (compulsory);
- Document(s) proving the specific tests (national exams, ENEM) issued by the official education services of the respective country* (compulsory);
- Diploma or certificate issued by a competent authority certifying successful completion of a secondary education programme* (compulsory);
- Declaration issued by the official education services of the country of origin attesting that the secondary qualification they hold, obtained in that country, is sufficient for them to enter official higher education in courses similar to those they intend to apply for*. Alternatively, a certificate of equivalence to Portuguese secondary education issued by a competent national body (compulsory);
- Document proving knowledge of the language in which the course is taught - Portuguese (document issued by a competent body or declaration on honour issued by the candidate) (compulsory);
- Declaration of International Student Status (Decree-Law no. 20/2025) (mandatory);
- Motivation letter (required);
- Letter(s) of recommendation (Optional).

* Documents, including digital ones (with the exception of ENEM results), must be authenticated by the consular services or embassies of Portugal based in the country to which the qualification relates or, for countries that have signed up to the Hague Convention, with the Hague Apostille of the country to which the qualification relates. The same applies to compulsory translations of documents whose original language is not Portuguese, Spanish, French or English.

If authentication with the Hague Apostille is carried out on a certified copy of the original document, the signature(s) on the original document must be recognised in this process so that the capacity of the signatory(s) of the document can be verified and guaranteed.

5. APPLICATION FEE

100,00€ (non-refundable fee)

The application fee can be paid by ATM reference or MBWAY (preferred means of payment), generated in the applicant's current account, or by bank transfer.

In the case of payments by bank transfer: FCNAUP's NIB and IBAN are those indicated [here](#). Once you have made your payment, you must send proof of payment to pregraduacao@fcna.up.pt and contabilidade.fcnaup@sp.up.pt quoting your full name, ID number and the competition and course you are applying for. Please note that bank charges for transfers from abroad must be borne in full by the candidate. Applications will not be accepted if the fee has not been paid by the application deadline.

6. ANNUAL TUITION FEES

Here are the **full-time tuition** fees, which can be paid in one lump sum at the time of enrolment, or in ten equal monthly installments, the first of which must be paid at the time of enrolment. [More information here.](#)

Regular International Student: 3500€/ academic year

CPLP International Student*: 2450€/ academic year

*CPLP - Community of Portuguese Speaking Countries

In addition to the tuition fee, school insurance is paid at the time of enrolment/registration: €2/year (this is expected to remain the same in 2025/2026).

International Student Status:

Consult the [Regulations for the application of international student status at the University of Porto](#)

Part-time tuition fees: according to the Meeting of the General Council of the University of Porto of 12 June 2019, part-time tuition fees take into account the number of ECTS in which students enroll. More information: [UPorto Part-Time Student Regulations](#)

7. SCHOOL CALENDAR

The school calendar for the 2025/2026 academic year will be available [HERE](#)

8. COURSE OPERATION

1st Cycle (Degree) in Nutritional Sciences: working days (Monday to Friday), face-to-face attendance.

Faculty of Nutrition and Food Sciences, University of Porto, 05th May 2025.

The Director,

António Pedro Soares Ricardo Graça
Associate Professor